

Tip Toe

拍數: 80 牆數: 2 級數: Phrased Advanced
編舞者: Hiroko Carlsson (AUS) - July 2020
音樂: Tip Toe (feat. French Montana) - Jason Derulo : (iTunes)



(Intro: 8 counts)

Sequence: A-B-C, A 16 count Restart-B-C, A 16 count Restart-A, A-B-Tag-C, A Ending

Tag: Step forward on R, Step R next to L, Hold. And wait for the lyrics "Hold" and shimmy your shoulders with the lyrics "tight when you" then starts part C on "Tip Toe".

Part A

[S1] 2x Touch Fwd-Together, Side Rock, Sailor Step-Touch, Side Rock, 1/4L Sailor Fwd-Touch

1&2& Touch/point R forward, Step R together, Touch/point L forward, Step L together
3&4& Rock R to the side, Recover weight on L, Step R behind L, Step L to the side
5&6& Step R to the side, Touch L next to R, Rock L to the side, Recover weight on R
7&8& Make a 1/4 turn left stepping L behind R, Step R close to L, Step forward on L, Touch R next to L (9:00)

[S2] Side Chasse-Together, Scissor Cross-Side-Behind-Side-Cross-Kick (Diagonal), Behind-Side-Cross-Kick (Diagonal)

1&2& Step R to the side, Step L close to R, Step R to the side, Step L together
3&4& Step R to the side, Step L next to R, Cross R over L, Step L to the side
5&6& Step R behind L, Step L to the side, Cross R over L, Kick diagonally forward on L (7:30)
7&8& Step L behind R, Step R to the side, Cross L over R, Kick diagonally forward on R (10:30)

Restart with Step Change on Wall 4 at 6:00(followed by part B) and Wall 7 at 6:00(followed by part A)

7&8& Step L behind R, Make a 1/4 turn right stepping forward on R, Step forward on L, Touch R next to L (6:00)

[S3] Behind-Side-Fwd-Kick, Coaster Step, Chase Turn-Fwd-Point-In-Point, Cross-Point

1&2& Square up to 9:00- Step R behind L, Step L to the side, Step forward on R, Kick forward on L
3&4 Step back on L, Step R next to L, Step forward on L
5&6& Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R, Point L to the side (3:00)
7&8& Touch L next to R, Point L to the side, Cross L over R, Point R to the side

[S4] Box 1/4R, Roll Right, Cross Rock, Roll Left, Cross Rock

1&2& Cross R over L, Make a 1/4 turn right stepping back on L, Step R to the side, Cross L over R (6:00)
3&4 Make a 1/4 turn right stepping forward on R, Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to the side
5& Rock/step L across R, Recover weight on R
6&7 Make a 1/4 turn left stepping forward on L, Make a 1/2 turn left stepping back on R, Make a 1/4 turn left stepping L to the side
8& Rock/step R across L, Recover weight on L (6:00)

Part B (Always start from 6:00)

[S1] Right Basic NC, 1/4L-Pique 1/2L-1/2L, Fwd Rock-1/2R-1/2R-Touch Behind

1 2& Big step R to the side, Rock L behind R, Recover/step R across L
3 Make a 1/4 turn left stepping forward on L followed by a 1/2 turn left on ball of L foot while hitching R knee to the side
4& Step back on R, Make a 1/2 turn left stepping forward on L (count 3 4& - Make 1 1/4 pique turn left) (3:00)

5 6& Rock forward on R, Recover weight on L, Make a 1/2 turn right stepping forward on R
7 8 Make a 1/2 turn right stepping back on L, Touch R behind L (3:00)

[S2] Right Basic NC, 1/4L-Pique 1/2L-1/2L, Fwd-Hitch, Back-Together, Fwd-Hitch, Back-Together

1 2& Big step R to the side, Rock L behind R, Recover/step R across L
3 Make a 1/4 turn left stepping forward on L followed by making a 1/2 turn left on ball of L while hitching R knee to the side
4& Step back on R Make a 1/2 turn left stepping forward on L (count 3 4& - Make 1 1/4 pike turn left) (12:00)
5 6& Step forward on R and hitch L knee forward, Step back on L, Step R next to L
7 8& Step forward on L and hitch R knee forward, Step back on R, Step L next to R

Part C (Always start from 12:00)

[S1] Tip Toe Fwd, Side Rock, Anchor Step 1/4L-Anchor Step 1/4R, Fwd w/ Hitch 1/2L, Fwd-Together

1&2& Tip toe forward R-L-R-L
3& Rock R to the side, Recover weight on L
4&5 Cross R over L slightly hooking L behind R, Recover/step L behind R, Step forward on R and make a 1/4 turn left (9:00)
&6& Cross L over R slightly hooking R behind L, Recover/step R behind, Step forward on L and make a 1/4 turn right (12:00)
7&8& Step forward on R, Make a 1/2 turn on ball of R foot, Step forward on L, Step R together (6:00)

[S2] Tip Toe Fwd, Paddle Turn-Cross-Hitch, Side-Behind-1/4R-Step-Pivot 1/4R-Cross-Hitch-Side

1&2& Tip toe forward L-R-L-R
3&4& Step forward on L, Make a 1/4 turn right recover weight on R, Cross L over R, Hitch R knee
5&6 Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R
&7& Step forward on L, Make a 1/4 turn right recover weight on R, Cross L over R (3:00)
8& Hitch R knee, Step R to the side

[S3] Rock Behind-Side-Rock Behind-Behind-Side, Vaudeville Step

1&2 Rock L behind R, Recover/step R across L, Step L to the side
&3& Rock R behind L, Recover/step L across R, Step R to the side
4& Rock L behind R, Step R to the side
5&6& Cross L over R, Step R to the side, Step diagonally forward on L heel, Step L to the side
7&8& Cross R over L, Step L to the side, Step diagonally forward on R heel, Step R to the side

[S4] Tip Toes Step, 2x Pivot, Fwd Rock-1/2L, 1/4L Side Shuffle-Together

1&2& Tip toes forward L-R-L-R
3&4& Step forward on L, Make a 1/2 turn right recover weight on R, Step forward on L, Make a 1/2 turn right recover weight on R (3:00)
5&6 Rock forward on L, Recover weight on R, Make a 1/2 turn left stepping forward on L
7&8& Make a 1/4 turn left stepping R to the side, Step L next to R, Step R to the side, Step L together (6:00)

Ending: Part A dance up to count 16 (instead of diagonally kicking) Step R to the side, Make a 1/4 turn left to the front. Then step forward on R-L.

Please feel free to contact me if you need any further information. (hirokoinedancing@gmail.com)
(updated: 23/Jul/20)

Last Site Update – 24 July 2020 – R1
