Si tu la Quieres

拍數: 32

級數: Beginner

編舞者: Andrés de la Rubia Albertí (ES) - July 2020

音樂: Si Tú la Quieres - David Bisbal & Aitana

[1-8] Sway, Chasse Right, Sway, Chasse Left

- 1-2 we swing hip right, return weight hip left
- 3&4 Rf to the right, Lf next Rf, Rf to the right
- 5-6 we swing hip left, return weight hip right
- Lf to the left, Rf next Lf, Lf to the left 7&8

[9-16] Diagonal forward, (V Step), Rock back, side, anchor step, coaster cross

- 9-10 Rf diagonal forward, Lf diagonal forward
- 11&12 Rf behind Lf, return weight Lf, Rf to the right
- 13&14 Lf back, Rf in place, Lf in place
- 15&16 Rf back, Lf back, Rf cross over Lf

[17-24] Cross Samba (L&R), rocking chair left (x2)

- 17-18& Cross Lf over Rf, Rf to the right, recover weight Lf
- 19-20& Cross Rf over Lf, Lf to the left, recover weight Rf
- 21-22& Lf forward, Recover weight Rf (&), Lf back, recover weight Rf(&)
- 23-24& Repeat 21-22&

[25-32] Paddle 1/2 Turn, Mambo side(R&L)

- Lf forward, 1/8 turn right,(&) Lf forward,1/8 turn right(&) (optional Shimmy) 25-26&
- 27-28& Repeat
- 29-30 Rf to the right, recover weight Lf, Rf next Lf
- 31-32 Lf to the left, recover weight Rf, Lf next Rf

Restart: 1^a,4 and 9^a wall in count 28

Restart: 8^a wall in count 16 (we Will do a coaster Touch instead of coaster cross)

Note: in counts 9 and 10 we will bring our hands to chest level as if we were sighing

Ending: On the last wall we will dance only 4 counts we will do a step turn and we will turn to the 12 o'clock wall

Enjoy the Dance





牆數:2