

# Banana

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tina Chen Sue-Huei (TW) & Juilin Chen (TW) - July 2020  
音樂: Banana (feat. Shaggy) (DJ Fle - Minisiren Remix) - Conkarah



**Intro: 32 Counts. Start Dance On Lyrics. – 1 Tag**

**Tag (4 Counts): (End Of W5 Facing 6:00)**

1-2            Fwd R, Pivot ½ Turn L, Step On L (12.00)  
3-4            Fwd R, Pivot ½ Turn L, Step On L (6.00)

**Main Dance (32 Counts)**

**SI. Fwd Modified Box – Back Modified Box**

1&2&        Side Step R, Touch L Beside R, Side Step L, Touch R Beside L  
3&4        Side Step R, Tog Step L, Fwd Step R  
5&6&        Side Step L, Touch R Beside L, Side Step R, Touch L Beside R  
7&8        Side Step L, Tog Step R, Back Step L

**SII. Side Tog ¼ R – Side Tog Side – Fwd Mambo – L Coaster Step**

1&2        Side Step R, Tog Step L, ¼ Turn R Fwd Step R (3.00)  
3&4        ¼ Turn R Side Step L, Tog Step R, Side Step L (6.00)  
5&6        Fwd Step R, Recover On L, Back Step R  
7&8        Back Step L, Tog Step R, Fwd Step L

**SIII. R Cross Rock Steps – L-R Cross Back Cross**

1&2&        Cross Rock R Over L, Recover Onto L, Back Rock R, Recover Onto L  
3&4        Cross Rock R Over L, Recover Onto L, Back Rock R  
5&6        Cross L over R, Rock R to R Side, Recover Onto L,  
7&8        Cross R over L, Rock L to L Side, Recover Onto R,

**SIV. L Cross Rock Steps – Jazz Box ¼ R Turn**

1&2&        Cross Rock L Over R, Recover Onto R, Back Rock L, Recover Onto R  
3&4        Cross Rock L Over R, Recover Onto R, Back Rock L  
5-8        Cross R Over L, Back Step L, ¼ Turn R Side Step R, Cross L Over R (9.00)

**Happy Dancing!**

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