

Banana

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tina Chen Sue-Huei (TW) & Juilin Chen (TW) - July 2020
音樂: Banana (feat. Shaggy) (DJ Fle - Minisiren Remix) - Conkarah



Intro: 32 Counts. Start Dance On Lyrics. – 1 Tag

Tag (4 Counts): (End Of W5 Facing 6:00)

1-2 Fwd R, Pivot ½ Turn L, Step On L (12.00)
3-4 Fwd R, Pivot ½ Turn L, Step On L (6.00)

Main Dance (32 Counts)

SI. Fwd Modified Box – Back Modified Box

1&2& Side Step R, Touch L Beside R, Side Step L, Touch R Beside L
3&4 Side Step R, Tog Step L, Fwd Step R
5&6& Side Step L, Touch R Beside L, Side Step R, Touch L Beside R
7&8 Side Step L, Tog Step R, Back Step L

SII. Side Tog ¼ R – Side Tog Side – Fwd Mambo – L Coaster Step

1&2 Side Step R, Tog Step L, ¼ Turn R Fwd Step R (3.00)
3&4 ¼ Turn R Side Step L, Tog Step R, Side Step L (6.00)
5&6 Fwd Step R, Recover On L, Back Step R
7&8 Back Step L, Tog Step R, Fwd Step L

SIII. R Cross Rock Steps – L-R Cross Back Cross

1&2& Cross Rock R Over L, Recover Onto L, Back Rock R, Recover Onto L
3&4 Cross Rock R Over L, Recover Onto L, Back Rock R
5&6 Cross L over R, Rock R to R Side, Recover Onto L,
7&8 Cross R over L, Rock L to L Side, Recover Onto R,

SIV. L Cross Rock Steps – Jazz Box ¼ R Turn

1&2& Cross Rock L Over R, Recover Onto R, Back Rock L, Recover Onto R
3&4 Cross Rock L Over R, Recover Onto R, Back Rock L
5-8 Cross R Over L, Back Step L, ¼ Turn R Side Step R, Cross L Over R (9.00)

Happy Dancing!

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