

Nothing Else

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: The Lazy Song - Bruno Mars



Intro :8 count

#Section 1 :BRUSH -HITCH R-SWIVEL - LOCK SHUFFLE -TURN 1/4 LEFT - SYNCOPETED LOCK DIAGONAL

1 & 2 brush R ,Hitch R,Step Right in place
3 & 4 Swivel heels R,L, R Turn 1/4 left (9:00)
5&6 Lock Shuffle diagonal L,R,L
&7&8& Step Right diagonal,Step L behind R,step R,Step R diagonal,Step L Behind R ,Step R diagonal

#SECTION 2 : BRUSH HITCH L-SWIVEL -SLIGHTLY FORWARD TOUCH - TRIPLE STEP FORWARD

1 & 2 Brush L,Hitch Left,step Left in place
3 & 4 Swivel left,Right Left
&5 slightly step R forward,touch L Beside R
&6 slightly step L forward,touch R Beside L
7&8 Step forward Right,Left,Right

#SECTION 3 :PIVOT 1/2 RIGHT - KICK BALL TOUCH -DIAGONAL BACK TOUCH & CLAP - CROSS SHUFFLE

1&2 Step L Forward, turn 1/2 Right, Step R In place, step L forward (3:00)
3&4 Kick R Forward , Step R together,Touch L forward
5& Diagonal Left back,touch R beside L With clap
6& Diagonal Right back,touch L beside With clap
7&8 Cross left over R, step Right to R side ,cross Left over R

#Section 4 : SCISSOR CROSS- TWIST--KICK HOOK FORWARD L-MAMBO L

1&2 Step Right to Right side,close left together, cross Right over Left
3 & 4 Step Left beside R and twist , Heels Together L,R,L
5&6 kick R forward,hookR,step R forward
7&8 Step L Forward, recover on R, Step L Beside R

Restart : - wall 3 after 6 count - Do this :

&7&8 Step R diagonal ,step L behind R,Step R diagonal, Step L close together

Restart : - wall 6 after 24 Count

Enjoy & Happy dancing

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