

Alter Ego

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Karl-Harry Winson (UK) - July 2020
音樂: Superman - Keith Urban



Music available from [amazon.co.uk](https://www.amazon.co.uk) – [play.com](https://www.play.com) – iTunes.

Intro: 16 Counts (Start on vocals)

Right Modified Rocking Chair. Cross. Left Hitch. Cross. Side.

1 – 2 Cross rock Right over Left. Recover weight on Left.
3 – 4 Rock Right out to Right side. Recover weight on Left.
5 – 6 Cross Right over Left. Hitch Left knee up across Right.
7 – 8 Cross Left over Right. Step Right to Right side.

***Choreographers note: During the chorus raise your Right arm up (like superman) as you Hitch your left knee across.**

Left Back Rock. Left Chasse. Cross Rock. 1/4 Turn Right. 1/2 Turn Right.

1 – 2 Rock back on Left. Recover weight on Right.
3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
5 – 6 Cross rock Right over Left. Recover weight on Left.
7 – 8 Turn 1/4 Right stepping Right forward (3.00). Turn 1/2 Right stepping Left back (9.00).

Back-Drag. Ball-Walk. Walk. Step. 1/2 Turn Left. Shuffle 1/2 Turn Left.

1 – 2 Step a big step back on Right. Drag Left up towards Right.
&3-4 Step Left beside Right. Walk forward on Right. Walk forward on Left.
5 – 6 Step Right forward. Pivot 1/2 turn Left. (3.00)
7&8 Shuffle 1/2 turn Left stepping: Right, Left, Right (9.00).

Back-Drag. Ball-Walk. Walk. Side Rock (with hip sways). Left Sailor Step.

1 – 2 Step a big step back on Left. Drag Right up towards Left.
&3-4 Step Right beside Left. Walk forward Left. Walk forward on Right.
5 – 6 Rock Left out to Left side swaying hips Left. Sway hips Right.
7&8 Cross Left behind Right. Step Right out to Right side. Step Left out to Left side.

Start Again!

Ending: When you finish you will be facing the back, replace the Sailor step with a sailor 1/2 turn Left to bring you to the front.

****Choreographer's note: Big thanks to Gary O'Reilly for sharing this amazing track.**

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