

Y'allsome

拍數: 32 牆數: 4 級數: High Improver
編舞者: Laure-Anne VITELLI (FR) - July 2020
音樂: Y'allsome - Pryor & Lee : (iTunes)



Intro 16 Counts - No Tag – No Restart

[1-8] ¼ T L STOMP, HEEL FAN, TURNING VINE, STEP FWD

- 1 Make ¼ turn L hit the RF on the ground and put your RF (1),
- 2 Hit the LF on the ground and put your LF (2) (BWL) 9:00
- & 3 Pivot R heel inside (In) (&), Recover in center (3) (BWR)
- & 4 Pivot L heel inside (In) (&), Recover in center (4) (BWL)
- 5-6 Step RF to the R side (5), Cross LF behind RF (6), Make ¼ turn to the R
- 7-8 step RF Fwd (7), Step LF Fwd (8) (BWL) 12:00

[9-16] HOOK COMBINATION FLICK, TRIPLE STEP FWD, SKATE, WALK FWD

- 1& 2 Touch R heel in the Diagonal Fwd R (1), Crochet the R leg in front of the L leg (&) Touch R heel in the Diagonal Fwd R (2) (BWL),
- & 3 Make a kick (flick) back with the RF (&) Step RF Fwd (3),
- & 4 Assemble LF beside to the RF (&), Step RF Fwd (4)
- 5-6 Make a step slipped LF on the diagonal Fwd L (5), Make a step slipped RF on the diagonal Fwd R (6)
- 7-8 Step LF Fwd (7), Step RF Fwd (8) (BWR)

[17-24] ROCK STEP, RECOVER, 3/4 TURN TRIPLE STEP, HEELS SWITCHES, TOGETHER, SLIDE FWD, TOGETHER

- 1-2 Step LF Fwd (1), Recover BW on RF (2),
- 3 & Make ½ turn L step LF Fwd (3), Assemble RF beside LF (&), 3:00
- 4 Make ¼ turn L step LF Fwd (4) (BWL)
- 5 & Touch R heel Fwd (5), Assemble RF beside LF (&),
- 6 & Touch L heel Fwd (6), Assemble LF beside RF (&) (BWL)
- 7-8 Make a big step RF Fwd (7), Assemble LF beside RF (8) (BWL)

[25-32] CROSS, STEP SIDE, CROSS ROCK BACK, RECOVER, TOUCH HEEL, BALL CROSS, STEP SIDE, APPLE JACKS

- 1-2-3 & 4 Cross RF over LF (1), Step LF to the L side (2), Cross RF behind LF (3), Recover on L (&), Touch R heel in the Diagonal Fwd R (4)
- & 5-6 Place RF beside LF (&), Cross LF over RF (5), Step RF to the R side (6)
- & 7 Lift and pivot point LF & R heel to L (&), Recover in the center (7),
- & 8 Lift and pivot point RF & L heel to R (&), Recover in the center (8) (BWL)

Option Easy Replace the « Apple Jacks » in the last section with « Toes Fan » :

Lift and pivot point RF to R (&), Recover in the center (7), Lift and pivot point LF to L (&), Recover in the center (8) (BWL) 3:00

Suggestion: At the end of the dance, make a Step Turn ½ L to finish facing 12 o'clock

**Source: This card is the original. If you have any questions do not hesitate to contact me:
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