

Páme Páme

拍數: 48 牆數: 2 級數: Phrased Beginner / Improver
編舞者: Aëla Fourmage (FR) & Angéline Fourmage (FR) - June 2020
音樂: Páme Páme - Evangelia



Start : 14 s. approximately (24 counts ; After «Let's Go»)

Seq: A-B-Tag-A-A-B-Tag-A-A(clap)

Part A : 32 Counts

[1-8] Side, Together, Side, Touch, Side, Together, Side, Touch

1-2 RF to R side, LF next to RF
3-4 RF to R side, Touch LF next to RF
5-6 LF to L side, RF next to LF
7-8 LF to L side, Touch RF next to LF

[9-16] Step Diagonal FW, Touch , Shimmy**, Step Diagonal Back, Touch, Shimmy**

1-2 RF FW on R Diagonal, Touch LF next to RF
3&4 Shimmys **(After 1,55mn : Not Shimmys but Claps X3)
5-6 LF Back on L Diagonal, Touch RF next to LF
7&8 Shimmys *Tag **(After 1,55mn : Not Shimmys but Claps X3)

[17-24] Mambo Side, Mambo Side, Paddle Turn ½ L

1&2 RF to R side, Recover to LF, RF next to LF
3&4 LF to L side, Recover to RF, LF next to RF
5-6 Point RF to R side on 1/8 L, Point RF to R side on 1/8 L
7-8 Point RF to R side on 1/8 L, Point RF to R side on 1/8 L

[25-32] Walk, Walk, Mambo, Back, Mambo

1-2 RF FW, LF FW
3&4 RF FW, Recover to LF, RF Back
5-6 LF Back, RF Back
7&8 LF Back, Recover to RF, LF FW

Part B : 16 Counts

[1-8] Step Fw, Sweep, Weave, Sweep, Cross, Side

1-2 RF FW with L Sweep from back to the front, Continue L Sweep
3-4 Cross LF over RF, RF to R side
5-6 Cross LF behind RF with R Sweep from front to the back, Continue R Sweep
7-8 Cross RF behind LF, LF to L side

[9-16] Step Turn ½ L, Step Turn ½ L, Mambo Cross, Mambo Cross

1-2 RF FW, Turn ½ L (Weight is on LF)
3-4 RF FW, Turn ½ L (Weight is on LF)
5&6 RF to R side, Recover to LF, Cross RF over LF
7&8 LF to L side, Recover to RF, Cross LF over RF

Tag : 4 counts

[1-4] Point, Together, Point, Together, Heel, Together, Heel, Together

1&2& Point RF Touch R side, RF next to LF, Point LF Touch L side, LF next to RF
3&4& Touch R Heel FW, RF next to LF, Touch L Heel FW, LF next to RF

Smile and enjoy the dance

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