

So, Goodbye

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Aurora de Jong (USA) - July 2020
音樂: Goodbye - Sweettalker



Dance begins 16 counts after music starts (20 counts from percussion intro)

Section 1: Weave to the right, side rock cross, rumba box

1&2& step R foot to right (1), step L behind R (&), step R foot to right (2), step L in front of R (&)
3&4 rock R foot to right (3), recover to L (&), cross R over L (4)
5&6 step L to left (5), step R to L (&), step L forward (6)
7&8 step R to right (7), step L to R (&), step R back (8)

****Restart here after walls 2 and 6 with a 'touch' on count 8 instead of a step****

Section 2: Back lock-step, back rock, step ¼ turn left, R & L cross rocks

1&2 step L back (1), step R across L (&), step L back (2)
3&4& rock R back (3), recover to L (&), step forward on R (4), pivot ¼ right transferring weight to L (&)
5, 6& Rock R across L with a slight body roll (5), recover to L (6), step R next to L (&)
7, 8& Rock L across R with a slight body roll (7), recover to R (8), step L next to R (&)

****4 count bridge here during wall 7: sway right (1), sway left (2), sway right (3), sway left (4) – then continue with section 3****

Section 3: Side shuffle with quarter turn right, chase turn right, full turn left, rocking chair

1&2 Step R to right (1), step L to R (&), step R forward turning ¼ right (2)
3&4 Step L forward (3), pivot ½ right, transferring weight to R (&), step L forward (4)
5&6 step R back, turning ½ turn left (5), step L foot forward, turning ½ turn left (&), step R foot forward (6)
7&8& rock L foot forward (7), recover to R (&), rock L foot back (8), recover to R (&)

Section 4: step ¼ pivot right, sway, R and L night club steps

1&2 step L forward (1), pivot ¼ right, transferring weight to R (&), cross L over R (2)
3, 4 step R to right and sway to the right (3), sway to the left (4)
5, 6& step R to right (5), rock L behind R (6), recover to R (&)
7, 8& step L to left (7), rock R behind L (8), recover to L (&)

Restart after 8 counts at walls 2 & 6

4 count "bridge" during wall 7, after 16 counts: Sway right (1), sway left (2), sway right (3), sway left (4) (making two figure 8s with your hips!). Then continue with count 17.

Last Update - 27 July 2020