

Run Boys Run

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Chrissie Trent (NZ) - June 2020
音樂: Run Boys Run - Adrian : (Album: Buckeroo Girl)



Intro: 32 Counts

Sequence of dance: 42(r) 48, 34(r), 48, 48(t), 47

[1 – 8] 2 x ½ PIVOTS, HEEL, HOOK, HEEL, TOGETHER, HEEL, HOOK, HEEL HOLD

1&2 Step fwd R, ½ turn L (&), Step fwd R (6:00)
3&4 Step fwd L, ½ turn R (&), Step fwd L (12:00)
5&6& Touch R heel fwd, Hook R up over L shin, Touch R heel fwd, Step together
7&8 Touch L heel fwd, Hook L up over R shin, Touch L heel fwd

[9 – 16] COASTER STEP, WALK, WALK, V STEP, WALK, WALK

1&2 Step back L, Step R together, Step L fwd
3-4 Walk fwd R-L
5&6& Step R to R diagonal, Step L to L diagonal, Bring R back to centre, Bring L back to centre
7-8 Walk fwd R-L

[17 – 24] MONTEREY, COASTER STEP, LOCKING FWD

1&2& Point R to side, whilst turning ½ R bring R together (&), Point L to side, Step together (6:00)
3&4 Point R to side, whilst turning ½ R bring R together (&), Point L to side Hold (12:00)
5&6 Step back L, Step R together, Step L fwd
7&8 Step R fwd, Lock L behind R, Step R fwd

[25 – 32] RUN, RUN, RUN, RHUMBA BOX, COASTER STEP

1&2 turning left ½ circle Run, Run, Run (L-R-L) (6:00)
3&4& R side, L together, Step R fwd, Tap L next to R
5&6 L side, R together, Step L back
7&8 Step back R, Step L together, Step R fwd

[33- 40] SCISSOR STEPS MOVING FWD, MAMBO, COASTER STEP

1&2 Step L side, Slide R next to L, Cross L over R stepping slightly fwd * Restart here WALL 3 *
3&4 Step R side, Slide L next to R, Cross R over L stepping slightly fwd
5&6 Step L fwd, Step R in place, Step back L
7&8 Step R back, Step L together, Step R fwd

[41 – 48] HIPS, COASTER STEP, HIPS, HEEL FWD, TOG, HEEL FWD, TOG

1&2 Bump hips L-R-L # Restart here WALL 1 #
3&4 Step R back, Step L together, Step R fwd
5&6 Bump hips L-R-L
7&8& Touch R heel fwd, Step together, Touch L heel fwd, Step together + Tag here WALL 5 +

REPEAT DANCE IN NEW DIRECTION

RESTART: # WALL 1 - Dance up to & including Count 42 (Hips) Restart facing (6:00)

RESTART: * WALL 3 - Dance up to & including Count 34 (L Scissor) Restart facing (6:00)

TAG: End WALL 5 - Add Tag - Restart facing (6:00)

[1 – 4] K STEP

1& Step R fwd into R diagonal, Touch L beside R (clap together)

- 2& Step L back into L diagonal, Touch R beside L (clap together)
- 3& Step R back into R diagonal, Touch L beside R (clap together)
- 4& Step L fwd into L diagonal, Touch R beside L (clap together)

ENDING: WALL 6 - Dance up to & including Count 7 (Touch R heel fwd) to finish (12:00)

I would like to thank Vicky Hamilton for her assistance with this dance
