

Superman

拍數: 32 牆數: 4 級數: Beginner / Improver
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音樂: Superman - Keith Urban



Start : 2 x 8 counts - No Tag No Restart

[1 – 8] SIDE ROCK, BEHIND-1/4-STEP FWD, ROCK STEP, RECOVER, COASTER STEP

1 – 2 Step RF to right side, recover onto LF
3 & 4 Cross RF behind LF, turn ¼ left stepping LF forward, step RF forward (09:00)
5 – 6 Step LF forward, recover onto RF
7 & 8 Step LF back, step RF next to LF, step LF forward

[9 – 16] STEP RF FWD, TURN ½ L & KICK LF FWD, COASTER, ROCK STEP, RECOVER, TRIPLE ½ RIGHT

1 – 2 Step RF forward, make ½ turn left (keep weight onto RF) & kick LF forward (03:00)
3 & 4 Step LF back, step RF next to LF, step LF forward
5 – 6 RF forward, recover onto LF
7 & 8 Turn ¼ right stepping RF to right side, step LF beside RF, turn ¼ right stepping RF forward (09:00)

[17 – 24] FULL RIGHT R (OR WALK L&R), ROCK STEP, RECOVER, BACK LOCK BACK , KICK BACK RF BALL STEP

1 – 2 Turn ½ right stepping LF back, turn ½ right stepping RF forward (09:00) (option : walk LF & RF FWD)
3 – 4 Step LF forward, recover onto RF
5 & 6 Step LF back, step RF crossing over LF, step LF back
7 & 8 Kick RF back, step RF beside LF, step LF forward (weight on LF)

[25 – 32] STEP TURN, HEEL SWITCHES R&L, MODIFIED JAZZBOX CROSS

1 – 2 Step RF forward, turn ½ left (weight onto LF) (03:00)
3&4& Touch heel RF forward, step RF beside LF, touch heel LF forward, step LF beside RF(&)
5 – 8 Cross RF over LF, step LF back, step RF to right side, cross LF over RF (03:00)

ENDING : Wall 10 : Make a step turn to left and finish the dance facing 12:00

HAVE FUN !!!!

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