

This Could Change Everything

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Nicky Trentacosta - July 2020
音樂: This Could Change Everything - Francesca Battistelli



[1-8] Step heel twist R&L; Step back posse/hitch; Step x3

1&2 Step forward with R swivel both heels R & center
3&4 Step forward with L swivel both heels L & center
5,6 Step back R; pull L foot up to Posse/hitch (styling here is to contraction while pulling knee up)
7&8 Step back L; quick steps out R L

[9-16] Hip sways RL; Side Lindy/Shuffle R; Repeat L side

1,2 Hip sways RL
3&4 Side Lindy/Shuffle R
5,6 Hip sways LR
7&8 Side Lindy/Shuffle L

[17-24] Sailor step R; Sailor Step ¼ Turn L; Step Kick; Coaster Step

1&2 Sailor Step R
3&4 Sailor Step L making a ¼ turn L
5,6 Step forward R; Kick L forward
7&8 Coaster step L

*** Restart here on wall 4 ***

[25-36] Tap out side RLR touch in & out R; Step wide touch back RL

1&2&3&4 Tap out to the side R, switch L, switch R; touch R in & back out
5, 6, 7, 8 Step back R touch L in front (wide step touch front); Step back L touch R in front (wide step touch front) ~ Added styling - you want to kind of sit back into your step when you touch & turn diagonally.

Just a few tips....keep your knees soft & just let the music move you!!! Add your sass & flair where you feel it most!