

Good Ol' Boy

拍數: 32 牆數: 4 級數: Improver
編舞者: Jean Harris (UK) - July 2020
音樂: Ain't Bad for a Good Ol' Boy - Mo Pitney



Intro: 16 Counts 158 BPM

Section 1: Chasse Right Cross Rock, Recover ¼ turn. Chasse Right, ¼ Left Toaster Step

1 & 2 Step right to right side, Close left beside right, Step right to right side
3 & 4 Cross rock left over right, Recover onto right, Turn ¼ left stepping left forward (9.00)
5 & 6 Step right to right side, Close left beside right, Step right to right side
7 & 8 Turning ¼ left step L back, step R together, step L forward (6.00)

Section 2: Touch, Kick, Cross, back, side, cross, side rock, recover, Behind side cross, step ¼ step

1 & 2 Touch right beside left, kick right forward. Cross right over left
& 3 & Step left back, step right to right side, cross left over right
4 & Rock right to right side, recover onto left
5 & 6 Step right behind left, Step left to left side, Cross right over left
7 & 8 Rock left to left side turn a ¼ turn right recover onto right, step forward on left (9.00)

Section 3: Right lock step, Step Pivot step, Step Pivot step, Left lock step

1 & 2 Forward on right, lock left behind right, forward on right
3 & 4 Forward on left, ½ pivot right, step forward on left
5 & 6 Forward on right ½ pivot left, step forward on right
7 & 8 Forward on left, lock right behind left, forward on left

Section 4: Right Kick Ball change, Monterey ¼ turns x 2, Rock Recover, touch

1 & 2 Kick right forward, step on ball of right foot, step on left
3 & Point right to right side, turning ¼ right step right together
4 & Point left to left side, step left together
5 & Point right to right side, turning ¼ right step right together
6 & Point left to left side, step left together
7 & 8 Rock to right side, Recover onto left, touch Right beside left (3.00)

Tag at end of W2 (6.00)

Right mambo step, left shuffle back, coaster step, forward right shuffle

1 & 2 Rock R forward, recover weight onto L, Step R back
3 & 4 Shuffle back L-R-L
5 & 6 Step back on Right, Step left beside Right, step forward on Right
7 & 8 Shuffle forward L-R-L