

Inside My Heart

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Bambang Satiyawan (INA) - July 2020
音樂: Rindu Dalam Hati - Arsy Widiyanto & Brisia Jodie



Start dance on vocal

Tag 1 after wall 2

Tag 2 after wall 4

Restart on wall 6 after 16 counts,

Section I. SIDE-BEHIND-SIDE-CROSS-RECOVER-SIDE-CROSS-RECOVER-TURN AND FORWARD-BACKWALK

- 1 – 2& Step R to side, Cross L behind R, Step R to side
- 3 – 4& Rock L cross over R, Recover on R, Step L to side
- 5 – 6& Rock R cross over L, Recover on L, Turn ¼ right Step R forward
- 7 – 8& Step L forward, Back walk R-L

Section II. BACK AND SWEEP-BEHIND-SIDE-CROSS-TURN AND BACK-TURN AND SIDE-FORWARD-COASTER-WALK

- 1 – 2& Step R back and Sweep L back, Cross L behind R, Step R to side
 - 3 – 4& Cross L over R, Turn ¼ left Step R back, Turn ¼ left Step L to side
 - 5 – 6& Step R forward, Step L in place, Close R beside L
 - 7 – 8& Step L forward, Walk R-L
- *Restart here on wall 6

Section III. FULL DIAMOND

- 1 – 2& Step R to side, Turn 1/8 left Back Walk L-R
- 3 – 4& Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L
- 5 – 6& Turn 1/8 left Step R to side, Turn 1/8 left Back Walk L-R
- 7 – 8& Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L

Section IV. BASIC NIGHT CLUB-PIVOT-WALK

- 1 – 2& Turn 1/8 left Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4& Step L to side, Close R slightly behind L, Cross L slightly over R
- 5 – 6 Step R forward, Turn ½ left Step L in place
- 7 – 8 Walk R-L

Tag 1 after wall 2 :

BASIC NIGHTCLUB-SWAY

- 1 – 2& Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4& Step L to side, Close R slightly behind L, Cross L over R
- 5 – 8 Sway Right, Left Right, Left

Tag 2 after wall 4 :

BASIC NIGHT CLUB

- 1 – 2& Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4& Step L to side, Close R slightly behind L, Cross L over R

Enjoy the dance,

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