

# Inside My Heart

**COPPERKNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Bambang Satiyawan (INA) - July 2020  
音樂: Rindu Dalam Hati - Arsy Widiyanto & Brisia Jodie



Start dance on vocal

Tag 1 after wall 2

Tag 2 after wall 4

Restart on wall 6 after 16 counts,

## Section I. SIDE-BEHIND-SIDE-CROSS-RECOVER-SIDE-CROSS-RECOVER-TURN AND FORWARD-BACKWALK

- 1 – 2&      Step R to side, Cross L behind R, Step R to side
- 3 – 4&      Rock L cross over R, Recover on R, Step L to side
- 5 – 6&      Rock R cross over L, Recover on L, Turn ¼ right Step R forward
- 7 – 8&      Step L forward, Back walk R-L

## Section II. BACK AND SWEEP-BEHIND-SIDE-CROSS-TURN AND BACK-TURN AND SIDE-FORWARD-COASTER-WALK

- 1 – 2&      Step R back and Sweep L back, Cross L behind R, Step R to side
  - 3 – 4&      Cross L over R, Turn ¼ left Step R back, Turn ¼ left Step L to side
  - 5 – 6&      Step R forward, Step L in place, Close R beside L
  - 7 – 8&      Step L forward, Walk R-L
- \*Restart here on wall 6

## Section III. FULL DIAMOND

- 1 – 2&      Step R to side, Turn 1/8 left Back Walk L-R
- 3 – 4&      Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L
- 5 – 6&      Turn 1/8 left Step R to side, Turn 1/8 left Back Walk L-R
- 7 – 8&      Turn 1/8 left Step L to side, Turn 1/8 left Walk R-L

## Section IV. BASIC NIGHT CLUB-PIVOT-WALK

- 1 – 2&      Turn 1/8 left Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4&      Step L to side, Close R slightly behind L, Cross L slightly over R
- 5 – 6      Step R forward, Turn ½ left Step L in place
- 7 – 8      Walk R-L

Tag 1 after wall 2 :

### BASIC NIGHTCLUB-SWAY

- 1 – 2&      Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4&      Step L to side, Close R slightly behind L, Cross L over R
- 5 – 8      Sway Right, Left Right, Left

Tag 2 after wall 4 :

### BASIC NIGHT CLUB

- 1 – 2&      Step R to side, Close L slightly behind R, Cross R over L
- 3 – 4&      Step L to side, Close R slightly behind L, Cross L over R

Enjoy the dance,

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