

Talking About Us

拍數: 48 牆數: 2 級數: Improver
編舞者: Ann-Jeanett Ramsvatn (DK) - July 2020
音樂: Talking About Us - Lisa Børud



Intro: 16 counts

Section 1: R Dorothy, L Dorothy, Rock Fwd R, Recover, Shuffle Back

1-2& Long step diagonally fwd R, lock L behind R, small step fwd R
3-4& Long step diagonally fwd L, lock R behind L, small step fwd L
5-6 Rock fwd R, recover weight on L
7&8 Step back on R, Step L next to R, Step back on R

Section 2: Back Rock, Shuffle Fwd, Step ¼ Turn, Cross Shuffle

1-2 Rock back on L, Recover weight on R
3&4 Step fwd on L, Step R next to L, Step fwd on L
5-6 Step fwd on R, Pivot ¼ turn L, Recover on L
7&8 Cross R over L, Step L to L side, Cross R over L

Section 3: Side rock, Behind Side Cross, Side rock ¼ Turn, Shuffle fwd

1-2 Rock L to L side, Recover on R
3&4 Step L behind R. Step R to R side. Cross L over R
5-6 Step R to R side, Turn ¼ turn L, Recover on L
7&8 Step fwd on R, Step L next to R, Step fwd on R

Section 4: Skate Fwd X 2, Shuffle fwd, Rocking Chair

1-2 Skate L fwd, skate R fwd
3&4 Step fwd on L, Step R next to L, Step fwd on L
5-6 Rock fwd on R, Recover on L
7-8 Rock Back on R, Recover on L

Section 5: R Cross Samba, L Cross Samba, Cross, Back, ¼, Cross & Cross

1&2 Cross R over L, rock L to L side, recover on R
3&4 Cross L over R, rock R to R side, recover on L
5-6 & Cross R over L, step back on L, ¼ R stepping R to R side
7&8 Cross L over R, step R to R side, cross L over R

Section 6: Side rock, & side rock, sailor ¼ turn, walk, walk

1-2 Rock R to R side, Recover on L
&3-4 Step R Next to L, Rock L to L Side, Recover on R
5&6 Step L Behind R Turning ¼ Turn L, Step R Next to L, Step Fwd on L
7-8 Walk Fwd R-L

START THE DANCE AGAIN

Restart: Wall 3 after the first 2 section. Replace Step ¼ turn and Cross shuffle in section 2 with Step ½ turn and walk, walk.

Restart: wall 6 after Rocking Chair in section 4.

ENDING: In the last wall, after shuffle fwd (section 2), step turn step

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