I Used To

拍數: 32

級數: Easy Intermediate

編舞者: Hotma Tiarma Purba (INA) - July 2020

音樂: This is Us - Jimmie Allen & Noah Cyrus

牆數:2

Intro: 16 count

I. FORWARD, PIVOT TURN, CROSS, 1/2 TURN L WEAVE, SIDE

- 1-2& Step R forward, step L forward, ¹/₄ turn R stepping R in place (3.00)
- Cross L over R, ¼ turn L stepping R back, ¼ turn L stepping L to side (9.00) 3-4&
- 5&6& Cross R over L, step L to side, cross R behind L, step L to side
- 7-8& Cross R over L, recover on L, step R to side

II. FORWARD, SWEEP, CROSS, TURN R, BACK, TURN L, BACK, BACK, BACK, COASTER STEP

- 1 Step L forward and sweep R
- 2&3 Cross R over L, ¼ turn R stepping L back, step R back (12.00)
- 4&5 Recover on L, ¹/₂ turn L stepping R back, step L back and sweep R (6.00)
- 6&7 Step R back and sweep L, step L back and sweep R
- 8& Step R back, step L beside R

III. PRISSY WALK R-L, BASIC NC R-L, FORWARD, BACK, BACK

- Step R forward, cross L slightly over R 1-2
- 3-4& Step R to side, step L slightly behind R, cross R over L
- 5-6& Step L to side, step R slightly behind L, cross L over R
- 7-8& Step R forward, recover on L, step R back

IV. ¼ TURN L SIDE, CROSS, SIDE, BACK, SWEEP, BACK, ¼ TURN R, FORWARD, ½ TURN L, ½ TURN L

- 1-2& 1/4 Turn L stepping L to side, cross R over L, recover on L
- 3&4 Step R to side, recover on L, cross R behind L and sweep L
- 5&6 Cross L behind R, ¼ turn R stepping R forward, step L forward (6.00) (prepare for turn)
- 7-8 1/2 turn L stepping R back, 1/2 turn L stepping L forward

(option for count 7-8: you can full turn twice with count 7&8&)

TAG (2 count) after wall 2 facing 12.00

Step R forward, step L forward 1-2

Enjoy the dance.

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COPPER KNO