

I Used To

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Hotma Tiarma Purba (INA) - July 2020
音樂: This is Us - Jimmie Allen & Noah Cyrus



Intro: 16 count

I. FORWARD, PIVOT TURN, CROSS, ½ TURN L WEAVE, SIDE

1-2& Step R forward, step L forward, ¼ turn R stepping R in place (3.00)
3-4& Cross L over R, ¼ turn L stepping R back, ¼ turn L stepping L to side (9.00)
5&6& Cross R over L, step L to side, cross R behind L, step L to side
7-8& Cross R over L, recover on L, step R to side

II. FORWARD, SWEEP, CROSS, TURN R, BACK, TURN L, BACK, BACK, BACK, COASTER STEP

1 Step L forward and sweep R
2&3 Cross R over L, ¼ turn R stepping L back, step R back (12.00)
4&5 Recover on L, ½ turn L stepping R back, step L back and sweep R (6.00)
6&7 Step R back and sweep L, step L back and sweep R
8& Step R back, step L beside R

III. PRISSY WALK R-L, BASIC NC R-L, FORWARD, BACK, BACK

1-2 Step R forward, cross L slightly over R
3-4& Step R to side, step L slightly behind R, cross R over L
5-6& Step L to side, step R slightly behind L, cross L over R
7-8& Step R forward, recover on L, step R back

IV. ¼ TURN L SIDE, CROSS, SIDE, BACK, SWEEP, BACK, ¼ TURN R, FORWARD, ½ TURN L, ½ TURN L

1-2& ¼ Turn L stepping L to side, cross R over L, recover on L
3&4 Step R to side, recover on L, cross R behind L and sweep L
5&6 Cross L behind R, ¼ turn R stepping R forward, step L forward (6.00) (prepare for turn)
7-8 ½ turn L stepping R back, ½ turn L stepping L forward
(option for count 7-8: you can full turn twice with count 7&8&)

TAG (2 count) after wall 2 facing 12.00

1-2 Step R forward, step L forward

Enjoy the dance.

Contact: hottiepurba@yahoo.com