

Bantangism (半塘主义)

COPPER KNOB
STEPSHEETS

拍數: 88 牆數: 1 級數: Phrased Intermediate
編舞者: Yang Rong Bin (CN) - January 2020
音樂: Half Sugarism (半塘主义) - S.H.E.



Sequence: AB T16 A40 B32 A BB

Intro: 16 counts

A: 48 counts

S1: [1 – 8] WALK R-L- R, SIDE, HIP BUMP R-L-R, L-R-L 12:00

1234 Walk forward R-L-R, Step L to L
5&6 Hip bump to R, Recover to place, Hip bump to R
7&8 Hip bump to L, Recover to Place, Hip bump to L

S2:[9 – 16] CROSS, BACK, COASTER, 1/4 PIVOT, SHUFFLE, 3:00

12 Cross R over L, Step L back
3&4 Step R back, Step L next to R, Step R forward
56 Step L forward, Turn 1/4 R step R side
7&8 Step L forward, Step R next to L, Step L forward 3:00

S3: [17 – 24] SIDE, QUICKLY WEAVE, CROSS ROCK, 1/4 SHUFFLE, 12:00

1&2& Step R to R, Cross L behind R, Step R to R, Cross L over R
3&4 Step R to R, Cross L behind R, Step R to R
56 Cross L over R, Recover to R
7&8 Turn 1/4 L step L forward, step R next to L, Step L forward 12:00

S4: [25 – 32] 1/4 PIVOT, CROSS SHUFFLE, MAMBO L, MAMBO R 9:00

12 Step R forward, Turn 1/4 step L side 9:00
3&4 Cross R over L, Step L to L, Cross R over L
5&6 Rock L to L, Recover to R, Step L next to R
7&8 Rock R to R, Recover to L, Step R next to L

S5: [33 – 40] HEEL SWITCH, TOUCH, SLIDE, TOUCH, 1/4 RUN 6:00

1&2& Dig L heel forward, Step L next to R, Dig R heel forward, Step R next to L
3&4 Dig L heel forward, Step L next to R, Touch R next to L
5 6 Take a big step to R, Slide L toward to R
7&8 Run L-R-L and turn 1/4 L 6:00

Note: Turn 1/4 R at the second A, this wall dance 40 counts end face 12:00

S6: [41 – 48] HEEL SWITCH, TOGETHER, SLIDE, TOUCH, 1/2 RUN 12:00

1&2& Dig R heel forward, Step R next to L, Dig L heel forward, Step L next to R
3&4 Dig R heel forward, Step R next to L, Step L next to R
5 6 Take a big step to R, Slide L toward to R
7&8 Run L-R-L and turn 1/2 L 12:00

B: 40 counts

S1: [1 – 8] STEP R-L-R, RECOVER L, STEP R, STEP L-R-L, RECOVER R, STEP L 12:00

12 Step R to R, Step L to L
3&4 Step R to R, Recover to L, Step R to R
56 Step L to L, Step R to R
7&8 Step L to L, Recover to R, Step L to L

S2: [9 – 16] JJUMP JACK, UNWIND, SLIDE, BACK, TOGETHER 6:00

1 2 Jump to cross step end R over L, Hold
34 Unwind 1/2 L for 2 counts 12:00
56 Take a big step to R, Slide L toward to R
78 Step L back, Step R next to L

S3: [17 – 24] SIDE, POINT DIAGONAL, 1/4 SIDE, POINT DIAGONAL, SIDE, POINT DIAGONAL, 1/4 HIP BUMP R-L-R 12:00

12 Step L to L, Point R to L diagonal
34 Turn 1/4 L step R to R, Point L to R diagonal
56 Step L to L, Point R to L diagonal
7&8 Turn 1/4 L hip bump to R, Recover to place, Hip bump to R

S4: [25 – 32] SIDE BODY ROLL, TOUCH, POP JUMP FORWARD 12:00

12 Step R to R and start roll body to R,
34 Touch L next R and body roll till end the 4th counts
56 Jump L forward and pop R next to L, Jump R forward and pop L next to R
78 Jump L forward and pop R next to L, Jump R forward and pop L next to R

Note: At the second B after 32 counts dance A

S5: [33 – 40] SIDE, HOLD, BACK R-L-R-L 12:00

1234 Step L to L and open arms up slowly for 4 counts
5678 Step back R-L-R-L

Tag16:

[1-8]: Step touch R-L-R-L

1234 Step R to R, Touch L next R, Step L to L, Touch R next to R
5678 Step R to R, Touch L next R, Step L to L, Touch R next to R

[9-16]: Repeat 1-8 counts

Email: 331656671@qq.com
