

If You Aint' In It

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Bonita Malone (USA) - July 2020
音樂: If You Ain't In It - Danny Gokey



#16 count introduction - 1 RESTART – after 32 counts of Wall 3

(1 - 8) WALK FWD R, L, R MAMBO, L COASTER, STEP FWD, ¼ PIVOT TURN

1,2,3&4 Walk fwd R (1), walk fwd L (2), rock fwd R (3), recover (&), step R slightly back (4)
5&6,7,8 Step L back (5), step R next to L (&), step L fwd (6), step R fwd (7), ¼ pivot turn L (8) [9:00]

(9 – 16) R CROSS SHUFFLE, L SCISSOR, BALL, JAZZ BOX ¼ TURN L

1&2&3,4 Step R cross (1), shuffle L,R (&2), step L side (&), close R next to L (3), step L cross frt (4)
&5,6,7,8 R ball (&), step L cross frt (5), step back on R (6), step L ¼ turn (7), step R side (8) [6:00]

(17 – 24) SAILOR STEP, CROSS ROCK, RECOVER, SHUFFLE ¼ TURN, SHUFFLE ½ TURN

1&2,3,4 Step L cross back (1), step R slightly side (&), step L side (2), cross rock R (3), recover (4)
5&6,7&8 R Shuffle ¼ turn (5&6) [9:00], L shuffle ½ turn to the R (7&8) [3:00]

(25 – 32) COASTER STEP, KICK BALLCHANGE, L FWD SHUFFLE, ROCK R SIDE, RECOVER

1&2,3&4 Coaster step RLR (1&2), L kick (3), ball change (&4) [3:00]
5&6,7,8 Step L fwd (5), shuffle RL (&6), rock side R (7), recover L side (8)

NOTE: On Wall 3, change count 8 to "recover ¼ turn L" [12:00]

RESTART HERE on Wall 3 facing 12:00

(33-40) BEHIND, SIDE, CROSS, STEP SIDE, TOUCH, SHUFFLE ¼ TURN, ¼ TURN L SIDE SHUFFLE

1&2,3,4 Step R behind (1), step L side (&), step R cross front (2), step L side (3), touch R next to L (4)
5&6,7&8 R shuffle ¼ turn (5&6) [6:00], ¼ turn step L side shuffle (7&8) [9:00]

(41-48) BEHIND, SIDE, CROSS, STEP SIDE, TOUCH, R SIDE SHUFFLE, SAILOR ¼ TURN

1&2,3,4 Step R behind (1), step L side (&), step R cross front (2), step L side (3), touch R next to L (4)
5&6,7&8 R side shuffle (5&6), sailor ¼ turn L,R,L (7&8) [6:00]