

Achy Breaky Heart 2020

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Nina Chen (TW) - July 2020
音樂: Achy Breaky Heart - Tamra Rosanes



Intro: 16 counts

Sec1: R DIAGONAL LOCK STEP WITH R HITCH.(x2), R HIP BUMPS

1-4 Step RF to R diagonal - Lock LF behind RF while hitch RF - Step RF to R diagonal - Lock LF behind RF while hitch RF
5-8 Step RF to R while bumps R hip (x4)

Sec2: L DIAGONAL LOCK STEP WITH L HITCH.(x2), L HIP BUMPS

1-4 Step LF to L diagonal - Lock RF behind LF while hitch LF - Step LF to L diagonal - Lock RF behind LF while hitch LF
5-8 Step LF to L while bumps L hip (x4)

Sec3: HEEL CROSS (x2), SIDE POINT (x2), 1/4 R CROSS - SIDE POINT - FLICK - SIDE

1-4 Touch RF heel over LF (x2) – Touch RF toe to R (x2)
5-8 1/4 turn R (3:00) cross RF over LF - Touch LF toe to L - Flick LF behind RF - Step LF to L

Sec4: CRUISING STEPS WITH KNEE POP

1-4 Step RF to R - Step LF behind RF - 1/4 turn R (6:00) step RF fwd - Step LF fwd
5-8 Pivot 1/2 turn R (12:00) weight on RF - 1/4 turn R (3:00) step LF to L - Step RF beside LF while pop L knee in - Step LF in place while pop R knee in

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com