

Anbu (안부)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: JMP (KOR) - July 2020
音樂: Anbu (안부) (feat. CHANYEOL (찬열)) - Lee Sun Hee (이선희)



Intro Dance : Express how you feel (45 second) –“Say hello to her with your body language~”

Restart : On wall 3 after 36 counts (9:00)

Tag : After wall 2 (6:00) & wall 7 (9:00)

1 - 3 Drag LF (1), Touch LF beside RF (2), Hold (3)

S1 (1-6) Forward Basic, Back Basic

1 - 3 Step LF forward, Step RF beside LF, Step LF beside RF

4 - 6 Step RF back, Step LF beside RF, Step RF beside LF

S2 (1-6) Twinkle Right, Twinkle Left

1 - 3 Step LF over cross RF, Step RF beside LF, Step LF beside RF

4 - 6 Step RF over cross LF, Step LF beside RF, Step RF beside LF

S3 (1-6) Weave, Sweep 1/2 Turn Right

1 - 3 Step LF cross over RF, Step RF side, Step LF behind RF

4 - 6 Step RF side (4), Sweep LF 1/2 turn right (5-6) – 6:00

S4 (1-6) Weave, Sweep 1/4 Turn Right

1 - 3 Step LF cross over RF, Step RF side, Step LF behind RF

4 - 6 Step RF side (4), Sweep LF 1/4 turn right (5-6) - 9:00

S5 (1-6) Waltz Box Step

1 - 3 Step LF forward; Bring RF to left, stepping side right; Step LF slightly back

4 - 6 Step RF back; Bring L to R, stepping side L (angle to L diagonal); Step RF to front

S6 (1-6) 1/8 Turn Left Cross, Side, Back, Back, 1/8 Turn Left Side, 1/8 Turn Left Fwd

1 - 3 1/8 turn left step LF over cross RF, Step RF side, Step LF back (7:30)

4 - 6 Step RF back, 1/8 turn left step LF side (6:00), 1/8 turn left step RF fwd (4:30)

S7 (1-6) Basic 1/2 Turn Left, Step Back, 1/8 Turn Left Side, Cross

1 - 3 Step LF forward, 1/2 turn left step RF beside LF, Step LF back (10:30)

4 - 6 Step RF back, 1/8 turn left step LF side (9:00), Step RF over cross LF

S8 (1-6) Side Balance (L-R)

1 - 3 Step LF side, Step RF behind LF, Step LF in place

4 - 6 Step RF side, Step LF behind RF, Step RF in place

ENDING : Last wall, section 6 (6 count) Make the last 1/8 turn 1/4 turn (12:00)

How was your day? Did you feel comfortable?

Have a happy day~~~!

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