

Rainbow

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Diba Munaf (INA) - June 2020
音樂: Pelangi - Chrisye : (Official Music Video)



Intro : 40 Count

(1-8) BACK & SWEEP, CROSS, TURN 1/4 FWD, PIVOT 1/2 R (2X), FWD ROCK, SWEEP, BACK & SWEEP, CROSS, SIDE

1 2 & Step RF back sweeping LF front to back, Cross LF behind RF, Turn 1/4 R Stepping RF Fwd (3.00)
3 & 4 & Step LF fwd, Turn 1/2 R weight on RF (9.00), Step LF fwd, Turn 1/2 R weight on RF (3.00)
5 6 7 Rock LF fwd, Recover onto RF Sweeping LF front to back, Step LF back Sweeping RF front to back
8 & Step RF back, Step LF to L

(9-16) TURN 1/8 L & FWD ROCK, TURN 1/2 R & FWD, FWD ROCK, TURN 1/2 R & FWD, TURN 3/8 & HITCH, WEAVE, TURN 1/4 R & BACK

1 2 & Turn 1/8 L Rock RF fwd(1.30), Recover onto LF, Turn 1/2 R Stepping RF fwd (7.30)
3 4 & Rock LF fwd, Recover onto RF, Turn 1/2 L Stepping LF fwd (1.30)
5 6&7& Turn 3/8 L Hitching RF (9.00), Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF to L
8 & Cross RF over LF, Make 1/4 Turn R Stepping LF back (12.00)

(17-24) TURN 1/4 R & SIDE, BASIC NIGHT CLUB 1/4 R, SAILOR TURN 1/4 R, PIVOT 1/4 R, FWD, SPIRAL

1 2 & 3 Make 1/4 Turn R Stepping RF to R (3.00), Close LF behind RF, Cross RF over LF, Make 1/4 Turn R Stepping LF to L (6.00)
4 & 5 Sweep & cross RF behind LF, Make 1/4 Turn R Closing LF to RF (9.00), Step RF fwd
6 & 7 Step LF fwd, Make 1/4 Turn R weight on RF (12.00), Step LF fwd
8 Step RF fwd and make a full Spiral Turn to L

(25-32) FWD ROCK, SWEEP, CROSS, TURN 1/4 R & FWD, PIVOT 1/4 R, CROSS, SIDE ROCK, CROSS, SIDE

1 2 3 Rock LF fwd, Recover onto RF sweeping LF front to back, Cross LF behind RF
4 & 5 Make 1/4 Turn R Stepping RF fwd (3.00), Step LF fwd, Turn 1/4 R weight on (6.00)
6 & 7 Cross LF over RF, Rock RF to R, Recover onto LF
8 & Cross RF over LF, Step LF to L

TAG 4 COUNT AFTER 2nd WALL

1 2 & Step RF back sweeping LF front to back, Cross LF behind RF, Step RF to R
3 4 & Cross LF over RF, Step RF to R swaying R, Sway L

RESTART ON 4th WALL

Do the dance 16 count then restart on the same wall

TAG 6 COUNT AFTER 6th WALL

1 2 & Step RF back sweeping LF front to back, Cross LF behind RF, Turn 1/4 R Stepping RF Fwd
3 & 4 & Step LF fwd, Turn 1/2 R weight on RF, Step LF fwd, Turn 1/2 R weight on RF
5 6 & Rock LF fwd, Recover onto RF, Make 1/4 Turn L Stepping LF to L

ENDING ON 11th WALL

Do the dance 16 count then make a big step on RF to R and pose

Enjoy the dance & the music
Last Update - 23 July 2020
