

I Believe I Love. Au Au Au

拍數: 64 牆數: 2 級數: Intermediate
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(ES) & Joana (ES) - November 2019
音樂: Au Au Au - Álvaro Soler



Intro:16 counts

[1-8] CROSS SAMBA RIGHT&LEFT,TWO SHUFFLE FORWARD

1&2.- Cross right over left, Step left to left side, Step right side
3&4.- Cross left over right, Step right to right, Step left side.
5&6.- Step right forward, step left together, step right forward
7&8.- Step left forward, step right together, step left forward

[9-16] SIDE MAMBO RIGHT, SIDE MAMBO LEFT,PADDLE TURN LEFT ¼ X 4.

1&2.- Rock right to right side, Recover on left, Step right next to left.
3&4.- Rock left to left side, Recover on right . Step left next to right
5&6&.- Step right forward, ¼ turn left and recover on left,step right forward,1/4 turn left and recover
on left.
7&8&.- Step right forward, ¼ turn left and recover on left, step right forward, ¼ turn left and recover
on left.

[17-24] RIGHT MAMBO FORWARD ½, SUFFLE TURN ½ SAILOR STEP X2 LEFT & RIGHT

1&2.- Step right forward, Step left side ½, Step forward (6)
3&4.- Step left next to right forward ¼, Step left backward (12)
5&6.- Step right behind left. Step left side right, Step right to right side
7&8.- Step left behind right, Step right side left, Step left to left side.

[25-32] VAUDEVILLE, LEFT BODY ROLL, KICK BALL TOUCH RIGHT

1&2.- Cross right front left, left step left. Right diagonal right heel.
&3&.- Right step to the left side, cross left front right, right step right
4& - Left diagonal heel left next to right..
5-6 .- Circular movement of hips against the hands of the clock (CCW)
7&8 Right kick, right step to the left side.

[33-40] SYNCOPATED SPLITS (AKA AUT AUT AUT IN IN X2) STEP TURN ¼ X 2 LEFT

&1,. Step right forward on right diagonal, Step left forwards on left diagonal
&2,- Step right back to centre, Step left next to right
&3,- Step right forward on right diagonal, Step left forward on left diagonal
&4.- Step right back to centre, Step left next to right.
5-6.- Step forward on right, Make a 1/8 turn left
7-8.- Step forward on right, Make a 1/8 turn left (9)

[41-48] SYNCOPATED SPLITS (AKA AUT AUT AUT IN IN X2) STEP TURN ¼ X 2 LEFT

&1,. Step right forward on right diagonal, Step left forwards on left diagonal
&2,- Step right back to centre, Step left next to right
&3,- Step right forward on right diagonal, Step left forward on left diagonal
&4.- Step right back to centre, Step left next to right.
5-6.- Step forward on right, Make a 1/8 turn left
7-8.- Step forward on right, Make a 1/8 turn left (6)

[49-56].- CROSS SAMBA RIGHT&LEFT,TWO SHUFFLE FORWARD

1&2.- Cross right over left, Step left to left side, Step right side

- 3&4.- Cross left over right, Step right to right, Step left side.
5&6.- Step right forward, step left together, step right forward
7&8.- Step left forward, step right together, step left forward

[57-64].- SYNCOPATED SPLITS (AKA AUT AUT AUT IN IN X2) BODY ROLL X 2

- &1,. Step right forward on right diagonal, Step left forwards on left diagonal
&2,- Step right back to centre, Step left next to right
&3,- Step right forward on right diagonal, Step left forward on left diagonal
&4.- Step right back to centre, Step left next to right.
5-6.- Circular movement of hips against the hands of the clock
7-8.- Circular movement of hips against the hands of the clock

**DANCING IS LIVING DREAMS
AND ENJOYING♥**

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