

This Love

拍數: 96 牆數: 0 級數: Phrased Intermediate
編舞者: Syafri's Fitri (INA) & Mona (INA) - July 2020
音樂: This Love - Maroon 5



PHRASED : AA BB A

A . 80 Count

I. LONG STEP DIAGONAL – TOGETHER – TO SIDE – ROCK CROSS BEHIND – RECOVER – ROCK TO SIDE – TOGETHER – IN PLACE

1 2 Step R Long Diagonal, step L Together
3 4 Step L Long Diagonal, step R Together
5 6& Step R to Side, step L Rock Cross Behind, Recover on R
7 8& Step L Rock to Side, step R Together, step L In Place

II. ROCK CROSS BEHIND – RECOVER – SACHEE

1 2 Step R Cock Cross Behind, Recover on L
3&4 Step R to Side, step L Together, step R to Side
5 6 Step L Rock Cross Behind, Recover on R
7&8 Step L to Side, step R Together, step L to Side

III. SIDE MAMBO – TURN ¼ TO LEFT – RECOVER – TOGETHER

1&2 Step R to Side, Recover on L, step R Together
3&4 Step L to Side, Recover on R, step L Together
5&6& Step R to Side Turn ¼ to Left, Recover on L, step R Turn ¼ to Left, Recover on L
7&8 Step R Turn ¼ to Left, Recover on L, step R Together

IV. SIDE MAMBO – TURN ¼ TO RIGHT – RECOVER – TOGETHER

1&2 Step L to Side, Recover on R, step L Together
3&4 Step R to Side, Recover on L, step R Together
5&6& Step L to Side Turn ¼ to Right, Recover on R, step L Turn ¼ to Right, Recover on R
7&8 Step L Turn ¼ to Right, Recover on R, step L Together

V. SWAY R/L/R – ROCK CROSS BEHIND – RECOVER

1 2 Step R Sway to Right, step L Sway to Left
3 4& Step R Sway to Right, step L Rock Cross Behind, Recover on R
5 6 Step L Sway to Left, step R Sway to Right
7 8& Step L Sway to Left, step R Rock Cross Behind, Recover on L

VI. TRIPLE STEP HIPS BUMP IN PLACE – ROCK CROSS OVER – RECOVER – TOUCH TOES – IN PLACE

1&2 Step R/L/R HIPS BUMPS IN PLACE
3&4 Step L/R/L HIPS BUMPS IN PLACE
5 6 Step R Rock Cross Over, Recover on L
7&8 Step R Touch Toes Diagonal, step R Touch Toes Forward, step R In Place

VII. TURN ¼ TO LEFT - RECOVER – STEP BEHIND TURN ½ TO RIGHT - TOUCH – FORWARD – TURN ½ TO LEFT – BEHIND – TOUCH

1 2 Step R Turn ¼ to Left, Recover on L
3 4 Step R Behind Turn ½ to Right, step L Touch
5 6 Step L Forward, step R Turn ½ to Left
7 8 Step L Behind, step R Touch

VIII. FORWARD – TOUCH TOGETHER – BACKWARD – TOUCH TOGETHER- TURN ¼ TO LEFT –

FRWRD – TOUCH – BACK.- TOUCH

- 1 2 Step R Forward, step L Touch Together
- 3 4 Step L Backward, step R Touch Together
- 5 6 Step R Forward Turn ¼ to Left, step.L Touch Together
- 7 8 Step L Backward, step R Touch Together

IX. SIDE MAMBO – WALK FORWARD R/L/R – HITCH – IN PLACE

- 1&2 Step R to Side, Recover on L, step R Together
- 3&4 Step L to Side!, Recover on R, step L Together
- 5 6 Step R Forward, step L Forward
- 7 8& Step R Forward, step L Hitch, step L In Place

X. SIDE MAMBO.- WALK BACKWARD L/R/L – HITCH – IN PLACE

- 1&2 Step L to Side, Recover on R, step L Together
- 3&4 Step R to Side, Recover on L, step R Together
- 5 6 Step L Backward, step R Backward
- 7 8& Step L Backward, step R Hitch, step R in Place.

B . 16 Count

I . SIDE – TOGETHER – SIDE – SAILOR STEP – MAMBO - HITCH

- 1&2 Step R to Side, step R Together, step R to Side
- 3&4 Step R Rock Back Cross, Recover on L, step R to Side
- 5&6 Step L Backward, Recover on R, step L Forward
- 7&8 Step R Forward, Recover on L, step R Backward (step L Hitch)

II. SIDE – TOGETHER – SIDE – SAILOR STEP – MAMBO. - HITCH

- 1 &2 Step L to Side, step L Together, step L to Side
- 3&4 Step L Rock.Back Cross, Recover on R, step L to Side
- 5&6 Step R Behind, Recover on L, step R Forward
- 7&8 Step L Forward, Recover on R, step L Forward

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