

No Bull

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - August 2019
音樂: On My Way - Moonshine Bandits



Other Music: Down and Dirty (The Road Hammers) [102 bpm]; works well with strong beat 85-105 bpm music such as by Gangstagrass, Moonshine Bandits, and others.

Note: No Tags Or Restarts.

Starting Position: Weight on right foot

STEP FWD, SCUFF, STOMP x3, STEP FWD, HOOK BEHIND, STEP BACK, DRAG AND HOOK IN FRONT

1-2 Step LF fwd (1), scuff RF past LF (2)
3&4 Stomp RF slightly fwd keeping weight over LF (3), stomp RF with weight still over LF (&),
 stomp RF fwd with weight (4)
5-6 Step LF fwd (5), hook RF behind LF (6)
7-8 Big step back on RF (7), drag LF to RF and hook LF across R knee (8)

STOMP x3, STEP FWD AND PIVOT ¼ L, STEP L, BEHIND, SIDE, CROSS, SIDE, DRAG

1&2 Stomp LF slightly fwd keeping weight over RF (1), stomp LF with weight still over RF (&),
 stomp LF fwd with weight (2)
3-4 Step RF fwd and pivot ¼ L (3), fall* step LF to L (4)
*** Fall step: Shift body weight to L slightly ahead of step to L. It should feel like you are falling L, but catch yourself as you step L.**
5&6 Step RF behind LF (5), step LF to L (&), step RF in front of LF (6)
7-8 Big side step to L on LF (7), drag RF toward LF (do not transfer any weight to RF) (8)

HOOK, UNWIND, CROSS ROCK, RECOVER, STEP, POINT R, POINT L, R TOE BACK, L HEEL FWD

1-2 Complete RF drag and hook RF behind LF with partial weight (1), unwind ½ R and transfer
 full weight to RF (2)
3&4 Cross rock LF in front of RF (3), recover on RF (&), step LF beside RF (4)
5&6& Touch R toe to R (5), step RF beside LF (&), touch L toe to L (6), step LF beside RF (&)
7&8 Turn ¼ L and touch R toe back (7), step RF beside LF (&), touch L heel fwd (8)

STEP LF FWD, STEP R AND PIVOT ¼ L, RIDE BULL AND TURN ½ L, POINT R, TOGETHER, POINT L

1-2 Step LF fwd (1), step RF fwd and pivot ¼ L (2)
3&4&5&6 Ride bull and turn ½ L: rock to L turning 1/8th L (3), rock to R (&), rock to L turning 1/8th L
 (4), rock to R (&), rock to L turning 1/8th L (5), rock to R (&), rock to L turning 1/8th L (6)

Styling option: Right hand on hat, and raise and lower left arm out to L side as if riding a bucking bull.

7&8 Touch R toe to R (7), step RF beside LF (&), touch L toe to L (8)

START OVER

Hope you have fun with this one!

Contact: wildwoodlabs@gmail.com