

# Sweet Mama

COPPER KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Antonio Manigas (IT) - July 2020  
音樂: Sweet Mama - James David Carter



\*\*\*\*\*Restart\*\*\*Restart after 16 counts to 2th, 8th, 15th, repetitions \*\*\*\*\*

## S1) STEPS DIAGONALLY R/L AND SCUFF, STEP R., FLICK L., TURN ½ STEP L., FLICK R.

1 – 2                      Step Right Diagonally Forward , Scuff Left Beside Right  
3 – 4                      Step Left Diagonally Forward , Scuff Right Beside Left  
5 – 6                      Step Right Forward , Flick Left  
7 – 8                      Turn ½ (06:00) Step Left Forward , Flick Right

## S2) STEPS R/L AND STOMPS UP, TOE STRUT R., TURN ¼ TOE STRUT

1 – 2                      Step Right To Right Side , Stomp Up Left Beside Right  
3 – 4                      Step Left To Left Side , Stomp Up Right Beside Left  
5 – 6                      Step Right Forward And Touch Right Toe , Drop Right Heel And Taking Weight  
7 – 8                      Turn ¼ (03:00) Step Left Forward And Touch Left Toe , Drop Left Heel And Taking Weight

## S3) TURN ½ TOE STRUT, TURN ½ TOE STRUT , ROCK RECOVER, TOE STRUT

1 – 2                      Turn ½ (09:00) Step Right Backward And Touch Right Toe, Drop Right Heel And Taking Weight  
3 – 4                      Turn ½ (03:00) Step Left Forward And Touch Left Toe , Drop Left Heel And Taking Weight  
5 – 6                      Step Right Forward , Return To Left  
7 – 8                      Step Right Backward And Touch Right Toe , Drop Right Heel And Taking Weight

## S4) COASTER STEP, HOLD, PIVOT, STOMP UP, STOMP UP

1 – 2                      Step Left Backward , Step Right Beside Left  
3 – 4                      Step Left Forward , Hold  
5 – 6                      Step Right Forward , Turn ½ (09:00)  
7 – 8                      Stomp Up Right , Stomp Up Right

TAG: \*\*\*Tag after 13th repetition \*\*\*

## T1) ROCK RECOVER, TOE STRUT BACK R., COASTER STEP, STOMP UP R.

1 – 2                      Step Right Forward , Return To Left  
3 – 4                      Step Right Backward And Touch Right Toe, Drop Right Heel And Taking Weight  
5 – 6                      Step Left Backward , Step Right Beside Left  
7 – 8                      Step Left Forward , Stomp Up Right Beside Left

Last Update – 17 July 2020