

My Person

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Anna Desiyanti (INA) - July 2020
音樂: My Person - Spencer Crandall



Tag : 1 on wall 3

Restart: 1 on wall 3

Intro: 16 counts, the dance starts on vocal

This choreography is dedicated to my instructors: Tuti HD & Duma Kristina

(1 -8): Backward, Recover, Rock Forward, Recover, Touch, Turn Right Swivel, Kick, Coaster Step

1,2 R step backward(1), Recover on L(2)
3,&,4 R rock forward(3), Recover on L(&), R touch right side while both arms are stretched open beside your body(4)
5,6 R and L with balls turn 1/4 to the right facing 03:00, as knees are bent with weight on R(5), R kick weight on L, while both arms are parallel pointing to the front(6)
7,&,8 R step backward(7), L step back next to R(&), R step forward(8)

NOTE:

Here is Tag and Restart on Wall 3

Tag : Squaring to 12:00, L step forward (&)

Then Restart from the beginning

(9-16): Pivot Turn, Walk Forward, Step Touch, Behind Side Cross, Step Cross

1,&,2 L step forward(1), R step forward(&), 1/2 pivot turn facing 09:00, weight on L(2)
3,&,4 R step forward(3), L step forward(&), R touch right side, weight on L while right arm is stretched beside the body, left arm is folded over the chest(4)
5,&,6 R cross behind L(5), L step left side(&), R cross over L(6)
7,&,8 Recover on L(7), R step right side(&), L cross over R(8)

(17-24): Sailor Turn, Walk Forward, Long Step, Step Closed

1,2,& Step backward on R(1), Make 1/4 turn L with Sweep, step back on L(2), Facing 06:00 step R next to L(&)
3,4,& L step forward(3), R step forward(4), L step forward(&)
5,6,& R long step to the right, while left hand from side push to the left(5), L step next to R(6), R step in place(&)
7,8,& L long step to the left, while right hand, from side push to the right (7), R step next to L(8), L step in place(&)

(24-32): Full Turn, 1/4 Pivot Turn, Cross Forward, Side Rock, Recover, 1/2 Pivot Turn, Step Closed

1,2,& Squaring to 09:00, R step forward(1), Make 1/2 turn right step back on L(2), Make 1/2 turn right step forward on R(&)
3,&,4 Rock forward on L(3), Make 1/4 pivot turn right, facing to 12:00, weight on R(&), L step cross forward(4),
5,&,6 R rock side(5), Recover on L(&), R step cross forward(6)
7,&,8 L step forward(7), 1/2 pivot turn facing to 06:00, weight on R(&), L step closed to R(8)

The dance will end on wall 7 at 16 count