

Yi Jian Mei (A Spray of Plum Blossoms)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Winnie Yu (CAN) - July 2020
音樂: Yi Jian Mei (一剪梅) (DJ版) - Wang Xin Ya (王心雅)



Intro: 8 count from first beat

****This dance is dedicated to Carefirst 2020 Virtual Charity Fit-a-thon****

Section 1: Diagonal Right –R Rocking Chair (1:30) X 2

1-2 Diagonal right -Rock right fwd, recover onto left (1:30)
3-4 Rock right back, recover onto left
5-6 Rock right fwd, recover onto left
7-8 Rock right back, recover onto left

Hand Movement:- Swing both hands to right (count 1,3, 5,7) Swing hands to left (count 2,4, 6,8)

Section 2: 1/8 L Side, Behind, Side, Touch. Side, Behind, Side, Cross

1-2 Make a 1/8 L stepping right to right side, cross left behind right (12:00)
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, step right across left (10:30)

Section 3: Diagonal Left- L Rocking Chair (10:30) X 2

1-2 Diagonal left -Rock left fwd, recover onto right (10:30)
3-4 Rock left back, recover onto right
5-6 Rock left fwd, recover onto right
7-8 Rock left back, recover onto right

Hand Movement:- Swing both hands to left (count 1,3, 5,7). Swing hands to right (count 2,4, 6,8)

Section 4: 1/8 R Side, Behind, Side, Touch. Side, Behind, Side, Cross

1-2 Make a 1/8 right stepping left to left side, cross right behind left (12:00)
3-4 Step left to left, touch right beside left
5-6 Step right to right side, cross left behind right
7-8 Step right to right side, step left across right (1:30)

Section 5: Side, Together, Side, Hold (3:00), Side Together Side Hold (3:00)

1-2 Step right to right side, step left next to right
3-4 Step right to right side, Hold (3:00)

Angle body facing 1:30 - Hand Movement:- Count 1-4 with body roll back and roll hands in

5-6 Step left to left side, step right next to left
7-8 Step left to left side, Hold (3:00)

Angle body facing 4:30 - Hand Movement:- Count 5-6 with body roll back and roll hands in

Section 6: 2 - R Jazz Box 3/8 R (9:00)

1-2 Step right across left, make a 1/8 R stepping left back (6:00)
3-4 Step right to right side, step left fwd
5-6 Step right across left, make a 1/8 R stepping left back (7:30)
7-8 Make a 1/8 R stepping right to right side, step left fwd (9:00) * RESTART

Section 7: (Side, Cross, Point, Cross) X 2

1-2 Step right to right side, point left across right
3-4 Point left to left side, point left across right

5-6 Step left to left side, point right across left
7-8 Point right to right side, point right across left

Section 8: (Side, Behind, Point, Behind) X 2

1-2 Step right to right side, point left behind right
3-4 Point left to left side, point left behind right
5-6 Step left to left side, point right behind left
7-8 Point right to right side, point right behind left

***RESTART : During Wall 3 ~ Dance to count 48 and restart facing 3:00**

During Wall 5 ~ Dance to count 48 and restart facing 9:00

During Wall 8 ~ Dance to count 48 and restart facing 12:00

****Note:-This dance can be modified to IMPROVER Level—64 count / 2 wall (No hand movement required)
Change Section 6 to – R Jazz Box 1/8 R + R Jazz Box on the spot (facing 6:00)**

Restart: (1st & 2nd restart @ 6:00; 3rd restart @ 12:00)

Have fun & dance with smile !

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