

# A Bluebird In My Heart

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Mary Fontaine (USA) - July 2020  
音樂: Bluebird - Miranda Lambert



## START ON LYRICS, 2 RESTARTS

### R ROCK & HEEL, & L ROCK & HEEL, & WALK R,L, OUT OUT IN IN

1&2&3&4&      Rock R to side, recover L, touch R heel forward, & step R together, rock L to side, recover R, touch L heel forward, & step L together

5,6, &7&8      Walk R, L, Step R to side, step L to side, step R together, step L together

### R ½ MONTEREY, L ROCK & CROSS, R ½ MONTEREY, L COASTER

1,2,3&4      Touch R out to side, turn R ½ turn bringing R next to L, rock out on L, recover on R crossing L over R

5,6,7&8      Touch R out to side, turn R ½ turn bringing R next to L, step back on L & back on R, step forward on L

### UNWIND ¼ R, L ROCK & CROSS, R ROCK & CROSS, L COASTER

1,2,3&4      Touch R toe behind L, unwind ¼ turn R with weight on R, rock out on L, recover on R crossing L over R

5&6,7&8      Rock out on R, recover on L crossing R over L, step back on L & back on R, step forward on L

### ROCK FORWARD R, ½ TURN R, R SHUFFLE, SYNCOPATED VINE L, TOUCH R

1,2,3&4      Rock forward on R, recover on L, turn ½ R while shuffling forward R, L, R

5&6&7,8      Step L to side, & step R behind L, & step slightly L, & cross R over L, & step L to side, touch R next to L

## REPEAT

### RESTARTS:-

WALL 3---RESTART AFTER 16 COUNTS

WALL 7---RESTART AFTER 4 COUNTS

CONTACT: [mfontaine817@yahoo.com](mailto:mfontaine817@yahoo.com)