

Ocala Cowboy Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver waltz
編舞者: Art Ticknor (USA) - July 2020
音樂: Run for the Roses - Dan Fogelberg



COWBOY WEAVE

1-3 L cross, R to right, L heel
4-6 L behind, R to right, L heel

BALANCE LEFT AND RIGHT

1-3 L to left, rock R behind, R together
4-6 R to right, rock L behind, L together

COWBOY WHIRL FULL TURN LEFT

1-3 Step L forward, R back ½ left, L back
4-6 Step R back, L forward ½ left, R forward

CROSS ROCK RECOVER LEFT AND RIGHT

1-3 L cross, recover R, L together
4-6 R cross, recover L, R together

COWBOY WHIRL FULL TURN RIGHT

1-3 Step L back, R forward ½ right, L forward
4-6 Step R forward, L back ½ right, R back

STRETCH DRAG LEFT AND RIGHT

1-3 Wide step L to left, drag R together (2 counts)
4-6 Wide step R to right, drag L together (2 counts)

COWBOY VINE

1-3 L behind, R to right, L heel
3-6 Left cross, R to side, L heel

STEP DOUBLE TAP, TURN DOUBLE TAP

1-3 Step L to left, tap R twice
3-6 step R ¼ right, tap L twice

REPEAT
