

No Truck

拍數: 32
編舞者: Minelle Debora (IT) - June 2020
音樂: No Truck Song - Tim Hicks

牆數: 4

級數: Beginner - Country Honky Tonk



THE DANCE:

SEQ 1: KICK R DIAGONAL LEFT, STOMP R, SWIVET L, L ROCK BACK, L LOCK SHUFFLE FORWARD

1-2 Kick R diagonal left, stomp R beside L
3-4 (Taking Weight On L Heel and R Toe) move L toe to left and R hell to right, return to center
5-6 Step L back, recover on R
7&8 Step L forward, cross R behind L, step L forward

SEQ 2: R STEP FWD, 1/4 L PIVOT, CROSS & CROSS, L STEP SIDE, R STOMP UP, KICK BALL STEP

1-2 Step R forward, ¼ turn L (weight on L)
3&4 Cross R over L, step L to left side, cross R over L
5-6 Step L to left side, stomp up R beside L
7&8 Kick R forward, step R beside L, step L forward

SEQ 3: STEP PIVOT ½ L X 2, R SWIVEL HEELS, SYNCOPATED WEAVE

1-2 Step R forward, ½ turn L (weight on L)
3-4 Step R forward, ½ turn L (weight on L)
5-6 Step R to right side and move both heels to right side, return to center
7&8 Cross R behind L, step L to left side, cross R over L

SEQ 4: L HEEL SWITCHES, L POINT BACK x 2, R HEEL SWITCHES, R KICK FWD, R STOMP UP x 2

1&2& Touch L heel forward, close next to R, touch R heel forward, close next to L
3-4& Touch L toe behind R, touch L toe behind R, close next to R
5&6& Touch R heel forward, close next to L, touch L heel forward, close next to R
7-8& Kick R forward, stomp up R beside L, stomp up R beside L

TAG/RESTART at 9th wall

SEQ 2-3: R STEP FWD, 1/4 L PIVOT, CROSS & CROSS, UNWIND 3/4 R (x 8 counts), HOLD (x 4 counts)

1-2 Step R forward, ¼ turn L (weight on L)
3&4 Cross R over L, step L to left side, cross R over L
5-6-7 Cross L over R (in 3 counts)
8-1-2-3-4 ¾ Turn right
5-6-7-8 Hold x 4 counts

and RESTART!

FINAL at the 11th wall

SEQ 4: UNWIND FULL TURN R (X 8 counts) AND BOW (in 4 counts)