

Hip

拍數: 64
編舞者: Garam Lee (KOR) - July 2020
音樂: Soo Chan Kim - Hip

牆數: 4

級數: Phrased Beginner



Sequence: AA BA AA' BA AAA

"A"part - 32count

S1: diagonal forward shuffle RLRL

1&2 Rf forward(1:30) Lftogether. Rf forward step
3&4 Lf forward(10:30) Rf together. Lf forward step
5&6 Rf forward(1:30) Lf together. Rf forward step
7&8 Lf forward(10:30) Rf together. Lf forward step

S2: flick out . in.out.in. forward rock. Recover.back.together

1&2& Rf out flick.ball tab.in flick. ball tab
3&4 Rf out flick .ball tab.in flick
5-8 Rf forward Rock. Lf Recover.Rf back step.Lf together

S3. Side stepRLRL. 1/4Lt. side stepRLRL with push shoulder & chest move

1-4 Rf sidestep. Lf side step. Rf side step. Lf sidestep
5-8 1/4Lt Rf sidestep.(9:00) Lf side step. Rf side step.Lf side step

S4. 1/4Lt Side stepRLRL , 1/4Lt.side step RLRL with push shoulder & chestmove

1-4 1/4Lt.Rf sidestep.(6:00) Lf side step. Rf side step.Lf side step
5-8 1/4Lt Rf side step.(3:00) Lf side step. Rf side step.Lf side step

**push shoulder&chset Rf-L shoulder-chest push to R ,Lf-R shoulder-chest push to L

**A'(12:00) after16count(s1.s2)restart

"B"part - 32c

S1.Forward mambo touch x2

1-4 Rf forward rock. Lf recover. Rf.back step. Lf touch
5-8 Lf forward rock. Rf recover. Lf back step. Rf touch

S2.diagonal forward toe touch. together RLRL

1-2 Rf toe touch (1:30) Rf together beside Lf.
3-4 Lf toe touch (10:30). Lf together beside Rf
5-8 repeats

S3.cross point R.L.R.L

1-2 Rf cross over Lf. Lf side point.
3-4 Lf cross over Rf. Rf side point.
5-8 repeats

S4. hip bomp R.L. hiproll

1&2 hip bomp R.L.R
3&4 hip bomp L.R.L
5-8 hiproll

***a lot Hold.

Listen to music well

It start when lyrics come out

Enjoy

Contact :garamzzang@gmail.com
