

# Shake

拍數: 48      牆數: 2      級數: Phrased Intermediate  
編舞者: Patrizia Menga (IT) - July 2020  
音樂: Country Girl (Shake It for Me) - Luke Bryan



## Part A (32 count)

**A1 sequence : SHUFFLE FORWARD RIGHT LEFT, KICK BALL CHANGE RIGHT, STEP BACK AND TURN**

**1 / 2**

1-4            Step right forward, step left near right, step right forward, step left forward, step right near left, step left forward.

5-6            Kick right forward, recover foot left.

7-8            (12:00) Turn ½ with the toe right, and heel down ( 6:00)

**A2 sequence : ( 6:00) SHUFFLE FORWARD LEFT ,RIGHT, STEP TURN ½ LEFT, PIVOT LEFT RIGHT (12:00)**

1-4            ( 6:00) Step left forward ,step right near foot left, step forward left, step right forward , step left near foot right, step right forward .

5-6            (6:00) Step left forward and turn ½ with foot right ( 12:00)

7-8            (12 :00 ) step left turn and step right.

**A3 sequence :OUT FOOT RIGHT , LEFT, RIGHT, MONTERAY AND TURN ½**

1-2            Foot right out side right and recover, foot left out side left and recover.

3-4            foot right out side right end recover

5-8            foot right out side right and recover and turn ½ foot left out side left, hold ( 6 :00 )

**A4 sequence: JAZZ BOX, TWIST RIGHT FOR 2 TIME, TWIST LEFT FOR 2 TIME.**

1-4            cross left over right foot , step back right and open left open right.

5-8            twist heel right together heel left side right, ( 2 times ), twist heel right together heel left side left, ( 2 time )

**Repeat A**

## Part B (16 count)

**B1 sequence :JUMP CROSS AND KICK (2 TIME) RIGHT, STEP FORWARD WHIT BUMPS IN (2COUNT) RIGHT AND LEFT.**

1-2-3-4        Jump cross right over left, hook foot left recover foot right kick left forward, 2 count for 2 times.

5-6-7-8        step forward right hip bumps right( 2 count) , step left forward and hip bump left(2 count).

**B2 Sequence : VAUDEVILLE RIGHT, LEFT STEP RIGHT AND TURN ½ HEEL RIGHT AND HEEL LEFT.**

1-2-3-4        Cross right over left open foot left to left touch heel right to right, recover, cross left over right, open foot right to right, touch heel left to left recover.

5-6            Step right forward, turn 1/2 foot left forward.

7-8            Heel right forward, recover heel left forward recover.

**Repeat part B**

**Repeat part A 2time.**

**Repeat part B 2 time**

**Repeat part A 3 time**

**Repeat part B 4 time**

## Ending 12 count

1-2            Cross foot right over left and turn ½.

3-4            Heel right forward, heel left forward.

5-6            Cross foot right over left and turn ½.

7-8            Heel right forward, heel left forward

1-2 Cross foot right over left and turn  $\frac{1}{2}$ .  
3-4 Stomp right for two times.

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