

3 Daqat

拍數: 32 牆數: 4 級數: Beginner
編舞者: Miko Yamamoto (INA) & Yusni Zacharias (INA) - July 2020
音樂: 3 Daqat (feat. Carolina) - Cyril M



Start on vocal - No Tag No Restart

S1. R CHASSE - L CHASSE - ROCKING CHAIR

1&2 Step R to right side, step L close beside R, step R to right side
3&4 Step L to left side, step R close beside L, step L to left side
5-6 Step R forward, recover on L
7-8 Step R back, recover on L

S2. CROSS - TOUCH - CROSS BACK - TOUCH - SWAY

1-2 Step R cross over L, L touch to side
3-4 Step L cross behind R, R touch to side
5-6 Step R drop with hips to right, hips to left
7-8 Sway hips to right, sway hips to left

S3. JAZZBOX TURN - TOE STRUTS WITH HIP BUM

1-2 R cross over L, ¼ turn right step L back
3-4 Step R to right side, step L forward
5-6 R touch forward, drop heel in place with bump hips
7-8 L touch forward, drop heel in place with bump hips

S4. V STEP - SHIMMY

1-2 Step R diagonal forward, step L diagonal forward
3-4 Step R back to center, step L back to center
5&6 Push right shoulder forward while pushing left should back, push right shoulder back while pushing left shoulder forward, push right shoulder forward while pushing left should back
7&8 Push right shoulder back while pushing left should forward, push shoulder right forward while pushing left should back, push right shoulder back while pushing left should forward

Contact emails :-

febe.yamamoto@yahoo.com
yusniherliningsih@gmail.com