

Me Gusta

拍數: 48 牆數: 4 級數: Low Improver
編舞者: Step5678 (USA) - July 2020
音樂: Me Gusta - Shakira & Anuel AA



Intro: 16 Counts

S1: Fwd R Mambo, Back L Mambo, Side R Mambo, Side L Mambo

1&2 Rock R fwd (1), Recover on L (&), Step R back (2)
3&4 Rock L back (3), Recover on R (&), Step L fwd (4)
5&6 Rock R to right side (5), Recover on L (&), Step R next to L (6)
7&8 Rock L to left side (7), Recover on R (&), Step L next to R (8)

S2: Triple Fwd (R&L), ½ Right Volta

1&2 Step R fwd (1), Step L next to R (&), Step R fwd (2)
3&4 Step L fwd (3), Step R next to L (&), Step L fwd (4)
5&6& Turn ¼ right- step R fwd (1:30)(5), Step L behind R(&), Turn ¼ right- step R fwd (3:00)(6),
Step L behind R (&)
7&8 Turn ¼ right- step R fwd (4:30)(7), Step L behind R(&), Turn ¼ right- step R fwd (6:00)(8)

S3: Fwd L Mambo, Back R Mambo, Side L Mambo, Side R Mambo

1&2 Rock L fwd (1), Recover on R (&), Step L back (2)
3&4 Rock R back (3), Recover on L (&), Step R fwd (4)
5&6 Rock L to left side (5), Recover on R (&), Step L next to R (6)
7&8 Rock R to right side (7), Recover on L (&), Step R next to L (8)

S4: Triple Fwd (L&R), ½ Left Volta

1&2 Step L fwd (1), Step R next to L (&), Step L fwd (3)
3&4 Step R fwd (3), Step L next to R (&), Step R fwd (4)
5&6& Turn ¼ left- step L fwd (4:30) (5), Step R behind L (&), Turn ¼ left- step L fwd (3:00)(6), Step
R behind L (&)
7&8 Turn ¼ left- step L fwd (1:30) (7), Step R behind L (&), Turn ¼ left -step L fwd (12:00)(8)

S5: Night Club Basic (R&L) x 2

1-2& Big step R to right (1), Rock L behind R (2), Recover on R (&)
3-4& Big step L to left (3), Rock R behind L (4), Recover on L (&)
5-6& Big step R to right (5), Rock L behind R (6), Recover on R (&)
7-8& Big step L to left (7), Rock R behind L (8), Recover on L (&)

S6: Side, Behind, Ball,Cross Triple (L), Rock Side/Recover(R), Behind, ¼ Left Step

1-2 Step R to right side (1), Step L behind R (2)
&3&4 Step R to right side (&), Cross L over R(3), Step R to right (&), Cross L over R (4)
5-6 Rock R to right (5), Recover on L(6)
7-8 Step R behind L (7), Turn ¼ left-step L fwd (8)

Let's Dance!!!

Contact: keepstpn@aol.com

Last Update - 13 July 2020