

That's What You Are

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Ari Sumrahadi (INA) & Wenarika Josephine (INA) - July 2020
音樂: You're the First, The Last, My Everything - Daniel Boaventura : (Album: Ao Vivo)



Intro music 16cts, start dance on vocal - 2 TAGS , 1 RESTART

Sect 1 FORWARD WALK , KICK , BACK WALK , SIDE TOUCH

1 – 4 Walk forward on R – L – R – kick L forward
5 – 8 Walk back on L – R – L – touch R to side

Sect 2 ¾ RIGHT TURN , KICK , BACK ROCK , HOLD , RECOVER

1 – 2 Turn ¼ right step on R – turn ½ right step L back..... (9.00)
3 – 4 Step R back – kick L forward
5 – 8 Rock L back – hold – recover on R – recover on L

Sect 3 STEP TOGETHER, FORWARD , SHUFFLE FWD , ¼ TURN RIGHT , TOUCH

1 – 2 Step R beside L – step L forward
3 & 4 Step R fwd – L beside R – step R fwd
5 – 6 Rock L fwd – ¼ turn right recover on R(12.00)
7 – 8 Cross L over R – touch R to side

Sect 4 CROSS TOUCH, SIDE TOUCH, CROSS STEP, SIDE TOUCH

1 – 2 Touch R over L – touch R to side
3 – 4 Cross step R over L – touch L to side
5 – 6 Touch L over R – touch L to side
7 – 8 Cross step L over R – touch R to side

Sect 5 FORWARD ROCK, ¼ TURN RIGHT CHASSE, CROSS ROCK, CHASSE

1 – 2 Rock R forward – recover on L
3 & 4 ¼ turn right, step R to side – L beside R – R to side(3.00)
5 – 6 Cross rock L over R – recover on R
7 & 8 Step L to side – R beside L – L to side

Sect 6 TOE TOUCHES WITH HIP ROLL, STEP TOUCHES

1 – 2 Touch R diag fwd roll hips fwd – step R beside L
3 – 4 Touch L diag fwd roll hips fwd – step L beside R
5 – 6 Step R fwd – touch L behind R
7 – 8 Step L back – touch R beside L

Sect 7 SIDE STEPS, CROSS TOUCH BEHIND , SIDE STEPS, ¼ TURN LEFT, TOUCH

1 – 2 Step R to side – step L beside R
3 – 4 Step R to side – cross touch L behind R (face looking over right shoulder)
5 – 6 Step L to side – step R beside L
7 – 8 ¼ turn left , step L forward – touch R beside L(12.00)

(*restart here on wall 5)

Sect 8 PIVOT ½ LEFT, STOMPS, BEND KNEES, HOLD , HITCH

1 – 2 Step R fwd – ½ turn left step on L(6.00)
3 – 4 Stomp R in place – stomp L in place
5 – 6 Bend R knee to left – hold

Optional hand style : (bring right arm forward – hold)

7 – 8 Bend L knee to right – straighten both legs hitch R knee

Optional hand style : (bring left arm forward – raise right arm straight up)

***TAGS , happens after wall 2 and wall 4 (“V step”)**

1 – 4 R diag fwd – L to side – R back to centre – L beside R

5 – 8 R diag fwd – L to side – R back to centre – L beside R

Have fun !!!!!

Contact : wenarikajosephine@gmail.com
