

We Are the Lights

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - July 2020
音樂: We Are the Lights - Rico & Miella : (iTunes)



(Dance/Intro starts on lyrics)

Intro 32 count - Slow Count-

[S1] Fwd, Fwd, Fwd, Sweep-Touch-Drag/Close, Back, Back, Back, Sweep-Touch-Drag/Close

1 2 3 Step forward on R, Step forward on L, Step forward on R
4& Sweep L from the back and touch forward on L, Drag L close to R (weight on R foot)
5 6 7 Step back on L, Step back on R, Step back on L
8& Sweep R from the front and touch back on R, Drag R close to L (weight on L foot)

[S2] Basic Night Club Step R and L, Step-Pivot 1/2L, Fwd, Drag

1 2& Step R to the side, Rock L behind R, Recover/step R across L
3 4& Step L to the side, Rock R behind L, Recover/step L across R
5 6 Step forward on R, Make a 1/2 turn left recover/step forward on L (6:00)
7 8 Step forward on R, Drag L close to R (weight on R)

[S3] Fwd, Fwd, Fwd, Sweep-Touch-Drag/Close, Back, Back, Back, Sweep-Touch-Drag/Close

1 2 3 Step forward on L, Step forward on R, Step forward on L
4& Sweep R from the back and touch forward on R, Drag R close to L (weight on L foot)
5 6 7 Step back on R, Step back on L, Step back on R
8& Sweep L from the front and touch back on L, Drag L close to R (weight on R foot)

[S4] Basic Night Club Step R and L, Step-Pivot 1/2R, Shuffle Fwd

1 2& Step L to the side, Rock R behind L, Recover/step L across R
3 4& Step R to the side, Rock L behind R, Recover/step R across L
5 6 Step forward on L, Make a 1/2 turn right recover/step forward on R (12:00)
7&8 Shuffle forward L-R-L

Main dance - Quick Count-

[S1] Side-Behind-1/4R-Side Rock-Cross, 1/4L-1/2L-

1 2 3 Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)
4 5 6 Rock L to the side, Recover/step R to the side, Cross L over R
7 8 Make a 1/4 turn left stepping back on R, Make a 1/2 turn left stepping forward on L (6:00)

[S2] 1/4L, Hold, &-Side Rock, Cross, Hold, &-1/8L Fwd Rock

1 2& Make a 1/4 turn left stepping R to the side, Hold, Step L next to R (3:00)
3 4 Rock R to the side, Recover/step L to the side
5 6& Cross R over L, Hold, Step L close to R
7 8 Make a 1/8 turn left rock forward on R, Recover/step back on L (1:30)

[S3] Side, 1/8R Fwd-Pivot 1/2R, Step-Lock-Step, Hitch 1/4L, Step, Lock

1 2 Make a 1/8 turn right stepping R to the side, Make a 1/8 turn right stepping forward on L (4:30)
3 Make a 1/2 turn right recover/step forward on R (10:30)
4&5 Step forward on L, Lock R behind L, Step forward on L
6 Hitch R while making a 1/4 turn left on ball of L foot (7:30)
7 8 Step forward on R, Rock L behind R

[S4] Step, Sweep 1/8R, Cross, 1/4L, Back Rock, Fwd, 1/2R Close

1 2 Step forward on R, Sweep L around while making a 1/8 turn right on ball of R foot (9:00)
3 4 Cross L over R, Make a 1/4 turn left stepping back on R (6:00)
5 6 Rock back on L**, Recover/step forward on R
7 8 Step forward on L, Make a 1/2 turn right on L foot while dragging R foot next to L (12:00)

[S5] Side Rock, Cross, 1/2L, Cross, 1/2R, Cross, Side (Rock)-

1 2 Rock R to the side, Recover/step L to the side
3 4 Step R across L, Make a 1/2 turn left recover weight on R (6:00)
5 6 Step L across R, Make a 1/2 turn right recover weight on L (12:00)
7 8 Step R across L, Rock L to the left

[S6] Recover, Cross, 1/2R, Cross, 1/2L, Cross, Rock Turn 1/4R

1 2 Recover/step R to the side, Step L across R
3 4 Make a 1/2 turn right recover weight on L, Step R across L (6:00)
5 6 Make a 1/2 turn left recover weight on R, Step L across R (12:00)
7 8 Rock R to the side, Make a 1/4 turn left recover/step forward on L (9:00)

[S7] Fwd Rock, 1/2R-1/2R-1/4R, Cross-Point, Behind-Point

1 2 Rock forward on R, Recover weight on L
3 4 Make a 1/2 turn right stepping forward on R, Make a 1/2 turn right stepping back on L
5 6 Make a 1/4 turn right stepping R to the side, Cross L over R
7 8 1 Point R to the side, Step L behind R, Point L to the side

[S8] Cross-Side-1/4L-Fwd, 1/2R-1/4R-Cross-Side

2 3 4 Cross L over R, Step R to the side, Make a 1/4 turn left recover/step forward on L (9:00)
5 6 Step forward on R, Make a 1/2 turn right stepping back on L
7 8 Make a 1/4 turn right stepping R to the side, Cross L over R (6:00)

Ending: The last wall starts at 6:00 o'clock, dance up to count 29 (12:00)**

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 1/July/20)**
