

The Ridge

COPPER **NOB**
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Improver
編舞者: Toni Scholefield (CAN) - June 2020
音樂: The Ridge - Julian Taylor : (Album: The Ridge)



Intro: 16 counts after drums - Direction: CW

RIGHT HEEL GRIND FORWARD, RECOVER, ROCK RIGHT BACK, RECOVER, RIGHT TOE-HEEL STOMP, LEFT TOE-HEEL STOMP. REPEAT SAME LEFT SIDE

1&2& Grind right heel forward, recover on left, step right back, recover on left
3&4 Touch right toe inside with heel outside, heel right with toe outside, step right together
5&6& Grind left heel forward, recover on right, step left back, recover on right
7&8 Touch left toe inside with heel outside, heel left with toe outside, step left together

ROCK RIGHT SIDE, RECOVER, CROSS OVER, ROCK LEFT SIDE, RECOVER, CROSS OVER, STEP RIGHT FORWARD, STEP LEFT SIDE 1/4 TURN LEFT, WEAVE OVER SIDE BEHIND, STEP LEFT FORWARD 1/4 TURN LEFT, STEP RIGHT FORWARD, STEP LEFT FORWARD 1/2 TURN LEFT

1&2 Step right to right side, recover on left, cross right over left
3&4 Step left to the left side, recover on right, cross left over right
5&6& Step right forward, step left to side 1/4 turn left, cross right over left, step left to side
7&8& Step right behind left, step left forward 1/4 turn left, step right forward, step left forward 1/2 turn left

RIGHT LOCK STEP, TOUCH, LEFT LOCK STEP, TOUCH, BACK TOUCH X 4

1&2& Step right forward diagonal, step left behind right, step right forward, touch left together
3&4& Step left forward diagonal, step right behind left, step left forward, touch right together
5&6& Step right back diagonal, touch left together, step left back diagonal, touch right together
7&8& Step right back diagonal, touch left together, step left back diagonal, touch right together

RIGHT SIDE, TOGETHER, FORWARD, TOUCH, LEFT SIDE, RIGHT TOGETHER, LEFT FORWARD 1/4 TURN LEFT, WALK, WALK, RIGHT FORWARD, LEFT FORWARD 1/2 TURN LEFT, RIGHT FORWARD, LEFT FORWARD

1&2& Step right to right side, step left together, step right forward, touch left together
3&4 Step left to left side, step right together, step left forward 1/4 turn left
5-6 Step right forward, step left forward
7&8& Step right forward, step left forward 1/2 turn left, step right forward, step left forward

*RESTART (1): Wall 7 (6.00) after 8 counts

*ENDING: Fade out as you turn to 12.00 to start wall 14 with attitude!

*WALL SEQUENCE: 12,3,6,9,12,3,6,6,9,12,3,6,9,12