You Come & Go

拍數: 48

級數: Improver

編舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - June 2020

音樂: Karma Chameleon - Culture Club

Dance starts on Vocal

I. TOE STRUT CROSS, TOE STRUT BACK, TOE STRUT SIDE, TOE STRUT CROSS, MAMBO CROSS

- 1&2& Touch R Toe over L, drop R heel, touch L toe back, drop L heel,
- 3&4& Touch R toe to side, drop R heel, touch L toe over R, drop L heel
- 5&6 Step R to side, recover on L, cross R over L
- 7&8 Step L to side, recover on R, step L over R

II. SHUFFLE FORWARD, PIVOT TURN

- 1&2 Step R forward, lock L behind R, step R forward
- 3&4 Step L forward, lock R behind L, step L forward
- 5-6 Step R forward, 1/2 turn L stepping L in place
- 7-8 Step R forward, 1/4 turn L stepping L in place (3.00)

III. CROSS MAMBO 2X, SHUFFLE, PIVOT, FORWARD

- 1&2& Cross R over L, recover on L, step R to side, recover on L
- 3&4 cross R over L, recover on L, step R to side
- 5&6 Step L forward, lock R behind L, step L forward
- 7&8 Step R forward, ¹/₂ turn L stepping L in place, step R forward (9.00)

IV. TWIST L-R, TWIST TO L, TWIST R-L, TWIST TO R

- Twist to L, twist to R 1-2
- 3&4 Twist L-R-L
- 5-6 Twist to R, twist to L
- Twist R-L-R 7&8

V. CROSS BACK R-L, SIDE, TOUCH, ½ TURN SIDE, CLOSE

- 1&2 Cross L behind R, recover on R, step L to side
- 3&4 Cross R behind L, recover on L, step R to side
- 5-6 Long step to L, touch R beside L
- 7-8 1/2 Turn L stepping R to side, close L beside R

VI. KICK R-L-R-L, V STEP, HOLD, RAISE ARM

- 1&2& Kick R forward, step R in place, kick L forward, step L in place
- 3&4& Kick R forward, step R in place, kick L forward, step L in place
- 5&6& Step R out diagonal, step L out diagonal, step R to center, step L to center
- 7-8 Hold, raise R arm

There are 2 restarts in this dance on wall 2 after 32c facing 12.00 and wall 5 after 16c facing 9.00

Enjoy this dance and fun...

Contact me at: hottiepurba@yahoo.com





牆數:4