Dance Now

拍數: 64

級數: Phrased Improver / Intermediate

編舞者: Marie Pierre IDDA (FR) - June 2020

音樂: Here and Now - Kenny Chesney

Intro: 16 beats

Restart(wall 11) Sequence: AA BB AA BB AA BB AA B(restart)B B

PART A

SECTION 1: WALK R,L,R, TOUCH L, 1/2 REVERSE RUMBA, TOUCH R,

- 1-2-3-4 step R,L,R, touch L next to R,
- 5-6 Place L to L, bring R to side L,
- 7-8 Back L, touch R next to L,

SECTION 2: 1/4 TURN ON RIGHT, SCUFF 1/4 TURN LEFT, WEAVE, SIDE ROCK RECOVER,

- 1-2 turn 1/4 turn to R by placing R on the right, brush the floor with L and make 1/4 to L
- 3-4 put L on the left, cross R behind left foot,
- 5-6 move L to left cross L in front of R,
- 7-8 change body weight on L to left and resume body weight on R

SECTION 3: STEP LOCK STEP LEFT BRUSH RIGHT, STEP LOCK STEP RIGHT, BRUSH LEFT,

- 1-2-3-4 a dvance L in front, slide R behind L, advance L, brush the floor of the Right foot from back to front,
- 5-6-7-8 a dvance R in front, slide L behind R, advance R, brush the floor of the left foot from back to front,

SECTION 4: ROCKING CHAIR, STEP TURN 1/2, SLIDE 1/4 TURN LEFT, TOUCH R.

- 1-2-3-4 put L in front, return to support L, put R back, return to support L
- 5-6 put L in front, return and make 1/2 left
- 7-8 rotate 1/4 turn to left, take a large step left slide to the left, touch with right foot

PART B

SECTION 1-B: "HERE AND NOW", VINE TO RIGHT, TOUCH,

- &1-2 Step back R diagonally backwards right and plant the left heel in the diagonal left, raise your arms in a Y shape,
- &3-4 bring both feet together by making a touchdown R to the left side, lower your arms,*

RESTART HERE: Wall 11, it's 6 o'clock.

5-6-7-8 move right foot to right, cross L behind R, move R to R, touch L next to R,

SECTION 2-B: VINE TO LEFT, ROCKING CHAIR

- 1-2-3-4 move L to left, cross R behind L, move L to left, touch R next to L,
- 5-6 put R in front, return to support L,
- 7-8 Put R back, return to L support,

SECTION 3-B: SIDE TOE STRUT R TO RIGHT, CROSS TOE STRUT G ,1/4 MONTEREY TURN,

- 1-2 put the right toe on the right and then the right heel,
- 3-4 Place L cross toe in front of R, then place the left heel,
- 5-6 touch R toe to right, make 1/4 turn at right by gathering right next to left, (9h00)
- 7-8 touch left toe on the left, place L next to R,

SECTION 4-B: TAP HEEL R FORWARD x2, TAP TOE R BACKWARDx2, "HERE AND NOW".





- 1-2 tap R heel in front twice,
- 3-4 tap R toe twice behind the back twice,
- &5-6 Reverse R diagonally backwards R and plant the left heel in the diagonal left, raise your arms in a Y shape,
- 7-8 Bring both feet together by making a right touch to the left side, lower your arms.

GOOD DANCE FOR EVERYONE, take her on a trip, because dancing is life! Thanks to Kenny Chesney for this song full of life.