

# Banana Remix

拍數: 48      牆數: 2      級數: Phrased Improver  
編舞者: Kristiani Pangau (INA) - June 2020  
音樂: Banana (feat. Shaggy) (DJ Fle - Minisiren Remix) - Conkarah



Intro 16 counts.

Sequence: AAA\* BBBB tag AAA\* BBBB

(A\*= Change steps. It always happen when you go from A to B)

## Part A (32counts)

### Sec1 Samba whisk, kick, batucada step, together

1a2            Step R to R side, rock L behind R, cross R over L  
3a4            Step L to L side, rock R behind L, cross L over R  
5&6            Kick R fwd, Step R back, rocking L fwd press L ball  
&7&            Step L back, rocking R fwd press R ball, step R back  
8&            Rocking L fwd press L ball, close L next to R

### Sec2 Side mambo, side mambo, ¼ turn, lock, ¼ turn, lock, step lock step

1&2            Rock R to R side rolling hips anticlockwise, recover on L, step R together  
3&4            Rock L to L side rolling hips clockwise, recover on R, step L together  
5&            ¼ turn R step R fwd, lock L behind R \*  
6&            ¼ turn R step R fwd, lock L behind R  
7&8            ¼ turn R step R fwd, lock L behind R, step R fwd

(change step occur in this section. After the left mambo, change steps with circle walk R, L, R, close L next to R finish on front wall > counts 5,6,7,8).

### Sec3 Fwd mambo, hitch, back, hitch, together, side mambo x2 rolling hips

1&2            Rock L fwd, recover on R, step L back  
&3&4            hitch R, step R back, hitch L, close L next to R  
5&6            Rock R to R side rolling hips anticlockwise, recover on L, step R together  
7&8            Rock L to L side rolling hips clockwise, recover on R, step L together

### Sec4 Volta ¼ turn, volta ½ turn, fwd mambo, back mambo

1&2            ¼ turn R cross R over L, step L behind R, cross R over L  
3&4            ½ turn L cross L over R, step R behind L, cross L over R  
5&6            Rock R fwd, recover on L, step R back  
7&8            Rock L back, recover on R, step L fwd

## Part B (16counts)

### Sec1 Stomp x4 with hands, side, together, side, touch, side, together, side, touch

1234            Stomp diagonal fwd R, L, R, L (for styling: L hand straightening fwd while moving R hand as if you hammering something)  
5&6&            Step R to R side, close L next to R, step R to R side, touch L beside R  
7&8&            Step L to L side, close R next to L, step L to L side, touch R beside L

### Sec2 Step back diagonal, circle ¾ turn, close

1&2&            Step R diagonal back, close L next to R, step R diagonal back, touch L beside R  
3&4&            Step L diagonal back, close R next to L, step L diagonal back, touch R beside L  
5&6            Squaring ¼ R step R fwd, lock L behind R, ¼ turn R step R fwd  
&78            Lock L behind R, ¼ turn R step R fwd, close L next to R.

(Actually, you can walk freely as long as you get the idea of walking around and finish the ¾ turn R).

Tag: 3 counts

Just hold for 3 counts and making your ownstyle.

Hope you enjoy the dance!

Contact me: [kristiani.magdalena@gmail.com](mailto:kristiani.magdalena@gmail.com)

---