

Think About Things

拍數: 32 牆數: 4 級數: Beginner Fun dance
編舞者: Dag Alexander Wien (NOR) - June 2020
音樂: Think About Things - Daði Freyr : (CD: SöNgvakeppnin)



One really easy 4-count Tag

Syncopated mambo step x2, Hip bumps

1-3 Step RF L diag fwd, recover on LF, step RF together - 10:30
4-6 Step LF R diag back, recover on RF, step LF together
7& Turn 1/8 R & bump hips R (7), move hips back to center (&) 12:00
8& Bump hips R, move hips back to center

Hip bumps w/ hand movements & flicks

1-2 Bump hips to L, Bump hips to R
3-4 Bumps hips to L & flick RF behind LF (3), step RF to R & bump hips to R (4)
5-6 Bump hips to L, Bump hips to R
7-8 Bumps hips to L & flick RF behind LF (7), step RF to R & bump hips to R (8)

**Hand movements: with arms hanging down, move hands in the direction you are bumping.
(i.e. when bumping to the left, move hands left etc)**

Grapevine left, Hip bumps

1-4 Step LF to L, step RF behind LF, step LF to L, touch RF beside LF

Hand movements: On count 4, place left hand on left hip

5-8 Bump hips to right, move hips back to center, bump hips to right, move hips back to center

Step, Cross, Turn 1/4 L, Step, Weave

1-2 Step RF to right, step LF in front of RF
3-4 Turn 1/4 L & step back on RF, step LF to left - 09:00
5-8 Step RF in front of LF, step LF to left, step RF behind LF, step LF to left

Tag: After wall 3 & wall 8 there is a 4-counts tag

Step fwd, Point, Step back, Point

1-2 Step RF L diag fwd, point LF to left - 10:30
3-4 Step LF R diag back, point RF to right

RF - right foot

R - right

Have fun & Enjoy!