

All We Are

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - June 2020
音樂: All We Are - Richello : (iTunes)



(Intro: 16 counts)

[S1] V Step, Ball-Fwd, Fwd, Fwd w/Hitch, Back-Back-Back into

1 2 Step R out into R diagonal, Step L out into L diagonal
3 4 Step R back, Step L together
&5 Ball step forward on R, Step forward on L
6 7 Step forward on R, Step forward on L and hitch L knee forward
8&1 Step back on R, Step back on L, Step back on L (prep for sailor turn)

[S2] Sailor 1/4L Fwd, 1/4R, Sailor 1/4R Fwd, 1/2L

2&3 Make a 1/4 turn left cross L behind R, Step R beside L, Step forward on L (9:00)
4 5 Make a 1/4 turn right recover weight on R, Step/hop L to the side and make a 1/4 turn right into sailor step (3:00)
6& Cross R behind L, Step L beside R
7 8 Step forward on R, Make a 1/2 turn left recover/step forward on L (9:00)

[S3] Side, 1/4R Side, Rock Behind-Side, 1/4L Side, 1/4L Side, Rock Behind

1 2 Step R to the side, Make a 1/4 turn right stepping L to the side (12:00)
3&4 Rock R behind L, Recover/step L across R, Step R to the side
5 6 Make a 1/4 turn left stepping L to the side, Make a 1/4 turn left stepping R to the side (6:00)
7&8 Rock L behind R, Recover/step R across L, Step L to the side

[S4] Rock Behind, 1/2R Samba, Cross, 1/4L, 1/4L, Cross

1 2 Rock R behind L, Recover/step L across R
3&4 Make a 1/4 turn right stepping forward on R, Make a 1/4 turn right rock L to the side, Recover/step R to the side (12:00)
5 6 Cross L over R, Make a 1/4 turn left stepping back on R** (9:00)
7 8 Make a 1/4 turn left stepping L to the side, Cross R over L (6:00)

[S5] Point, Hitch 1/4R, Side Rock-Cross, Point, Hitch 1/4L, Side Rock-Cross

1 2 Point L to the left, Hitch L knee with a left hip bump while making a 1/4 turn right on ball of R foot (9:00)
3&4 Rock L to the side, Recover/step R to the side, Cross L over R
5 6 Point R to the right, Hitch R knee with a right hip bump while making a 1/4 turn left on ball of L foot (6:00)
7&8 Rock R to the side, Recover/step L to the side, Cross R over L

[S6] 1/4R Back-Lock-Back, 1/2R Step-Lock-Step, Box Step Cross

1&2 Make a 1/4 turn right stepping back on L, Lock/step R across L, Step back on R (9:00)
3&4 Make a 1/2 turn right step forward on L, Lock/step R behind L, Step forward on L (3:00)
5 6 Cross L over R, Step back on R
7 8 Step L to the side, Cross R over L

[S7] Side, Touch, Kick-Ball into Vaudeville-&-Touch, Side, Kick-Ball

1 2 Step L to the side, Touch R next to L
3&4& Kick diagonally forward on R, Step R in place, Step L across in front of R, Step R to the side,
5&6 Touch L heel forward, Step L to the side, Touch R next to L
7 8& Step R to the side, Kick diagonally forward on L, Step L in place

[S8] Cross, Side, Heel-Ball-Cross-1/4L, Back Rock, 1/4L Samba

- 1 2 Cross R over L, Step L to the side
3&4& Touch R heel forward, Step back on R, Cross L over R, Make a 1/4 turn left stepping back on R (12:00)
5 6 Rock back on L, Recover/step forward on R
7&8 Step forward on L, Make a 1/4 turn left rock/step R to the side, Recover/step L to the side (9:00)

Tag: The End of Wall 1 – V Step (9:00)

- 1 2 Step R out into R diagonal, Step L out into L diagonal
3 4 Step R back, Step L together

Ending: Dance up to count 30 then - Make a 1/2 turn left stepping forward on L (6:00), Step forward on R, Make a 1/2L turn to the front stepping back on L.**

**Please feel free to contact me if you need any further information. (hirokoinedancing@gmail.com)
(updated: 24/June/20)**
