

# Soul Power Twist

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Barbara Seelt (NL) - June 2020  
音樂: 'Soul Power Twist' by Martijn vd Kolk / MCA



In collaboration with the Western Experience On-linedance  
Dance starts after 32 counts just before lyrics

## [1-8] SHUFFLE, ROCK STEP, ROCKING CHAIR

1&2      Step RF to R, close LF next to RF, step RF to R  
3, 4      Rock LF behind RF, recover weight on RF  
5, 6      Rock LF L diagonally forward, recover weight on RF  
7, 8      Rock LF behind RF, recover weight on RF

## [9-16] SHUFFLE, ROCK STEP, TOE-HEEL 2X

1&2      Step LF to L, close RF next to LF, step LF to L  
3, 4      Rock RF behind LF, recover weight on LF  
5, 6      Touch R toe, touch R heel  
7, 8      Touch R toe, touch R heel

Option for counts 5-8: swiffle on LF slightly to R side

## [17-24] DIAGONALLY STEP AND SWIFFLE 2X

1, 2      Step RF R diagonally forward, close LF next to RF  
3, 4      Swiffle both heels to R, swiffle back to centre  
5, 6      Step LF L diagonally forward, close RF next to LF  
7, 8      Swiffle both heels to L, swiffle back to centre

## [25-32] ¼ JAZZBOX, SIDE STEP, CLAP 2X

1, 2      Cross RF over LF, step LF behind (start turning ¼ R)  
3, 4      Step RF to R (whilst finishing turn), cross LF over RF (facing 09:00)  
5, 6      Step RF to R, close LF next to RF  
7, 8      Clap in hands 2x

Enjoy!

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