

Just Add 'Em Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Wanda Heldt (AUS) - June 2020
音樂: Add 'Em All Up - Paul Brandt



Any Way The Wind Flows by Brother Phelps [Faster]

Too many hard dances out there!

So I choreograph dances to be used as split floor as it's easy to pick up on the floor at socials.
My main aim is to keep my Beginners & Guests on the dance floor - So relax and have FUN xx

Split floor with Fat Jack / Southern Thing / Get It Right / 7 Year Ache - All about Having FUN :-)

S1. RIGHT LOCK STEP, HOLD, LEFT LOCK STEP, HOLD

1-4 Step Right forward to R.diagonal, Step Left behind Right, Step Right forward, Hold.
5-8 Step Left forward to L.diagonal, Step Right behind Left, Step Left forward, Hold.

S2. STEP BACK RIGHT, KICK LEFT FORWARD, STEP BACK LEFT, KICK RIGHT FORWARD, STEP BACK RIGHT, KICK LEFT FORWARD, STEP BACK LEFT, KICK RIGHT FORWARD

1-4 Step back on Right, Kick Left forward, Step back on Left, Kick Right forward.
5-8 Step back on Right, Kick Left forward, Step back on Left, Kick Right forward or Touch.

Harder Option:- 1-8 SWIVETS

1 Fan Right toe to Right while keeping heel on floor and Left heel out to Left while keeping toe on floor.
2 Return both feet back in place. facing front.
3 Fan Left toe to Left while keeping heel on floor and Right heel out o Right, while keeping toe on floor.
4 Return both Feet back in place. facing front
5 - 8 REPEAT last 4 counts

S3. RIGHT VINE with a 1/4 TURN RIGHT, HITCH, WALK BACK , HITCH

1-2 Step Right to Right, Step Left behind Right.
3-4 1/4 turn Right Step Right forward, slight hitch of Left. [3:00]
5-8 Walk back L.R.L. Slight hitch of Right.

S4. 1/4 MONTEREY RIGHT, RIGHT HEEL, HOOK, HEEL, FLICK OUT.

1-2 Touch Right toes to Right side, turn a 1/4 Right step Right together. [6:00]
3-4 Touch Left toes to Left side, Step Left next to Right.
5-8 Right heel forward, Hook across Left, Right heel forward, Flick out to Right side.

Restart.. HAVE FUN IN LIFE & IN DANCE

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