

拍數: 32 牆數: 2 級數:

編舞者: Hillbilly Rick (USA) - June 2020

音樂: Road Runner - Microwave Dave & The Nukes



Start 8 beats in

Other Music: Wiggle It! by, 2 In A Room - start 32 beats in Cold Outside by Big House - start after 32 beats Ride The Train by Quad City - start after 32 beats What's It To You by Clay Walker (faces the wall behind you each time you start over)

SCOOT, STEP, SLIDE, STEP, SLIDE, STEP, STOMP HEEL & CLAP - FULL LEFT ROLLING TURN STEPPING LEFT, RIGHT, LEFT, ENDING WITH A SCUFF STOMP OF RIGHT FOOT & CLAP if you wish! & Slide or scoot your LEFT foot to the Right as you start your step to the Right (weight is on left foot & right foot is in air beginning its step to the right on beat 1)

1&2& Step to Right on RIGHT & Slide LEFT next to Right - Step to Right on RIGHT & Slide LEFT

next to Right

3-4 Step to Right on RIGHT - Strike LEFT heel on floor in a sharp manner next to Right foot

(almost like stomping the heel only) & CLAP

5-8 While moving to the Left make a Full Turn Counter Clockwise stepping LEFT, RIGHT, LEFT,-

End with a RIGHT heel stomp scuff & CLAP

STEP, SLIDE, STEP, STOMP HEEL - FULL LEFT ROLLING TURN STEPPING LEFT, RIGHT, LEFT, ENDING WITH A SCUFF STOMP OF RIGHT FOOT & CLAP if you wish!

& Slide or scoot your LEFT foot to the Right as you start your step to the Right (weight is on left

foot & right foot is in air beginning its step to the right on beat 1)

1&2& Step to Right on RIGHT & Slide LEFT next to Right - step to Right on RIGHT & Slide LEFT

next to Right

3-4 Step to Right on RIGHT - Strike LEFT heel on floor in a sharp manner next to Right foot

(almost like stomping the heel only) & CLAP

5-8 While moving to the Left make a Full Turn Counter Clockwise stepping LEFT, RIGHT, LEFT,

- End with a RIGHT heel stomp scuff & CLAP

STEP FORWARD RIGHT WHILE DOING A 4 COUNT "WIGGLE IT" COUNTER CLOCKWISE - STEP FORWARD LEFT WHILE DOING A 4 COUNT "WIGGLE IT" COUNTER CLOCKWISE (KIND OF LIKE ROTATING YOUR HIPS LIKE A FLYWHEEL ON A OLD JOHN DEERE WHEN IT CATCHES HOLD & FIRES UP)

	1-2	Step Forward at a 45 degree angle Right with RIGHT foot - Start "WIGGLE IT MOVE" by	/
--	-----	---	---

rotating hips counter clockwise taking two beats to rotate your hips only half a rotation.

3&4 Make 1 & 1/2 complete hip rotations counter clockwise on 3&4 (like the engine is grabbing

hold & firing up) Weight ends up on RIGHT foot *If your body can handle it do 2 complete hip

rotations in 2 beats of music 3&4&

5-6 Step Forward at a 45 degree angle Left with LEFT foot - Start "WIGGLE IT MOVE" by

rotating hips counter clockwise taking two beats to rotate your hips only half a rotation.

7&8 Make 1 & 1/2 complete hip rotations counter clockwise on 7&8 (like the engine is grabbing

hold & firing up) Weight ends up on LEFT foot *If your body can handle it do 2 complete hip

rotations in 2 beats of music 3&4&

TOUCH, CROSS, BODY ROLL TURN, WIGGLE IT!

1-4 Touch RIGHT toe out to Right side - HOLD - Cross Step RIGHT foot in front of Left foot -

HOLD

5-6 *Unwind & Turn Very Slowly 1/2 Turn to Left - While doing a UPPER BODY BODY ROLL

7-8 "WIGGLE IT" Move - Put some of your own soul into this move!

*THIS IS BY FAR ONE OF THE MOST UNIQUE MOVES! WHILE DOING THE 2 COUNT UNWIND DO A BODY ROLL OF THE UPPER BODY SIDE TO SIDE OR FRONT TO BACK, FOLLOWED BY THE "WIGGLE IT" MOVE WHICH SENDS IT INTO A HORIZONTAL MOTION!

"HILLBILLY" RICK'S DANCE CALLS

& STEP SLIDE, STEP SLIDE, STEP, HEEL TURN, 2, 3, SCOMP

& STEP SLIDE, STEP SLIDE, STEP, HEEL TURN, 2, 3, SCOMP

STEP, TWO, & THREE, FOUR STEP, TWO, & THREE, FOUR TOUCH, HOLD, CROSS, HOLD TURN, 2, CRANK IT

EASY BEGINNER'S DANCE - HAVE FUN! PUT SOME ATTITUDE & WIGGLE'S IN! REMEMBER WIGGLE IT JUST A LITTLE BIT!

AND YES I KNOW IT'S ANOTHER NON COUNTRY SONG! BUT I DON'T REALLY CARE, IT'S FUN! IF YOU LIKE THE DANCE AND WANT TO PICK A COUNTRY SONG FOR IT DO IT, YEEEHAAAA! MY MOTTO IS: THERE IS ONLY ONE WRONG WAY TO COUNTRY DANCE! AND THAT IS NOT TO HAVE FUN!

Questions on dance contact HillbillyR@aol.com or www.HillbillyRick.com"