

# Bring Us Back

拍數: 96      牆數: 2      級數: Phrased Advanced  
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - March 2020  
音樂: Bring Us Back (feat. Joshua Ziggy) - Vanotek : (Single - iTunes)



Sequence A32, B64, B32 Restart, A32, B64, A32, B64.  
Start ... 48 Counts..

## Section A: 32 counts

### Heel Grind, Coaster Step, Step Toe & Heel Ball Step.

1-2            Left Heel Grind, step back on Right.  
3&4           Step back on Left, step Right next to Left, step forward on Left.  
5-6&         Step forward on Right, tap Left toe next to Right, step back on Left.  
7&8           Tap Right heel forward, step Right next to Left, step forward on Left.

### Rock Recover, 1/2 Shuffle, 1/4 Chasse, Rock Recover.

1-2            Rock forward on Right, recover on Left.  
3&4            Make 1/4 turn to Right stepping Right to Right side, step Left next to Right, make 1/4 turn to Right stepping forward on Right. (6.00)  
5&6            Make 1/4 turn to Right stepping Left to Left side, step Right next to Left, step Left to Left side. (9.00)  
7-8            Rock back on Right, recover on Left.

### Heel Grind, Coaster Step, Step Toe & Heel Ball Step.

1-2            Right Heel Grind, step back on Left.  
3&4            Step back on Right, step Left next to Right, step forward on Right.  
5-6&         Step forward on Left, tap Right toe next to Left, step back on Right.  
7&8            Tap Left heel forward, step Left next to Right, step forward on Right.

### Rock Recover, 1/2 Shuffle, 1/4 Chasse, Rock Recover.

1-2            Rock forward on Left, recover on Right.  
3&4            Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, make 1/4 turn to Left stepping forward on Left. (3.00)  
5&6            Make 1/4 turn to Left stepping Right to Right side, step Left next to Right, step Right to Right side. (12.00)  
7-8            Rock back on Left, recover on Right.

## Section B: 64 counts

### Side Close, 1/4, Behind & Cross, Side Rock Recover, Behind & Cross

1-3            Step Left to Left side, step Right next to Left, make 1/4 turn to Right stepping back on Left sweeping Right from front to back (3.00)  
4&5            Cross step Right behind Left, step Left to Left side, cross step Right over Left.  
6-7            Rock Left to Left side, recover Right.  
8&1            Cross step Left behind Right, step Right to Right side, cross step Left over Right.

### Hold, Ball Cross, Unwind, Back, Coaster Step, Lock Step.

2&3            Hold, step Right to Right side, cross step Left over Right.  
4-5            Make 1/2 turn unwind to Right (weight on Left) step back on Right. (9.00)  
6&7            Step back on Left, step Right next to Left, step forward on Left.  
8&1            Step forward on Right, lock Left behind Right, step forward on Right.

### Hitch, Cross, Scissor Cross, Side, Back, Back, Side, Forward.

2-3            Hitch Left knee across Right, cross step Left over Right

- 4&5 Step Right to Right side, step Left next to Right, cross step Right over Left.
- 6-7 Step Left to Left side, make 1/8 turn to Right (10.30) stepping back on Right.
- 8&1 Step back on Left, make 1/8 turn to Right stepping Right to Right side, step forward on Left. (12.00)

**Rock Recover, 1/2 Shuffle, Step, 1/2, 1/2 Shuffle.**

- 2-3 Rock forward on Right, recover back on Left.
- 4&5 Make 1/4 turn Right stepping Right to Right side, step Left next to Right, make 1/4 turn to Right stepping forward on Right (6.00)
- 6-7 Step forward Left, make 1/2 turn to Left stepping back on Right. (12.00)
- 8&1 Make 1/4 turn to Left stepping back on Left, step Right next to Left, make 1/4 turn to Left stepping forward on Left (6.00) \*R\*

**Cross, 1/4 Coaster Step, Step Tap, Back Tap Ball Cross.**

- 2-3 Cross step Right over Left, make 1/4 turn to Right stepping back on Left. (9.00)
- 4&5 Step back on Right, step Left next to Right, step forward on Right.
- 6-7 Step Left into Left diagonal, touch Right next to Left.
- &&1 Step back on Right, touch Left next to Right, step Left next to Right, cross step Right over Left.

**Rock Recover, Behind & Cross, Walk, Walk, 1/4 Shuffle.**

- 2-3 Rock Left into Left diagonal, recover back on Right.
- 4&5 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
- 6-7 (Start of Arc) Make 1/4 turn to Right stepping forward on Right, make 1/4 turn to Right stepping forward on Left (3.00)
- 8&1 Make 1/8 turn to Right stepping forward on Right, step Left next to Right, make 1/8 turn to Right stepping forward on Right.(6.00)

**Step Tap, Back Tap Ball Cross, Rock Recover, Cross Back Cross.**

- 2-3 Step Left into Left diagonal, touch Right next to Left.
- &4&5 Step back on Right, touch Left next to Right, step Left next to Right, cross step Right over Left.
- 6-7 Rock Left to Left diagonal, step back on Right.
- 8&1 Cross step Left across Right, step back on Right, cross step Left across Right ( done on the diagonal travelling backwards towards 10.30)

**Back, Side, Cross Shuffle, Side Rock Recover, Sailor Side.**

- 2-3 Step back on Right, step Left to Left side.
- 4&5 Cross step Right over Left, step Left to Left side, cross step Right over Left.
- 6-7 Rock Left to Left side, recover Right to Right side.
- 8& (1) Cross step Left behind Right, step Right to Right (Step Left to Left side to begin again if another B follows BUT this changes to Heel Grind if B is followed by A )

**Wall 3... B32**

**Dance Up to & Including Count 8& Section 4 ... Then this is followed by The A Section Heel Grind .**

**Wall 5 ... B64**

**Dance up to & including count 8& of Section 8 then start Wall 6 which is an A Section with the heel grind (Sailor Heel Grind) .**

**Dance Finishes at 12.00 :)**

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