

# One For Sorrow

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Evie Effendi (INA) - June 2020  
音樂: One for Sorrow - Steps



The dance starts after 32 counts music intro

## Section 1. Lock Steps Diagonal - Grapevine - Toe Touch (12.00)

1-2            Step R forward diagonal - Step L behind R  
3&4           Step R forward diagonal - Step L behind R - Step R forward diagonal  
5-6           Step L to side - Step R behind L  
7-8           Step L to side - Touch R toe to side

## Section 2. Back - Hold - Back Hold - Coaster Step - Side - Drag (12.00)

1-2            Step R backward - Hold  
3-4            Step L backward - Hold  
5&6           Step R backward - Step L beside R - Step R forward  
7-8            Step L to side - Drag R towards L

**\*\*Restarts here on walls 3-6-9-13**

## Section 3. Forward - Recover - Shuffle ½ Turn - Forward - Recover - Shuffle ¼ Turn (03.00)

1-2            Step R forward - Recover on L  
3&4            Turn ¼ right, step R to side - Step L close to R - Turn ¼ right, step R forward (06.00)  
5-6            Step L forward - Recover on R  
7&8            Turn ¼ left, step L to side (03.00) - Step R close to L - Step L to side

## Section 4. Out Out - In In - (2X) Side & Toe Touch (03.00)

1-2            Step R to right diagonal - Step L to left diagonal  
3-4            Step R backward to center - Step L beside R  
5-6            Step R to side - Touch L toe behind R  
7-8            Step L to side - Touch R toe behind L

**REPEAT**

**RESTARTS:**

Restarts on walls 3, 6, 9, and 13 after 16 counts (Section 2) .. Do the dance until 16 count only, then begin the next walls from the beginning.

Happy dancing ..

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