

ToMa CHA

拍數: 52 牆數: 2 級數: Novice
編舞者: Gabi Ibáñez (ES) & Paqui Monroy (ES) - May 2020
音樂: Country Radio - Aaron Watson



RF = Right Foot :: LF = Left Foot

Dance dedicated to all Renegade fans and their owners, Toni & Marta

[1-8] KICK BALL CHANCE, STEP, TOE, SHUFFLE, SAILOR STEP with ½ TURN

1 & 2 Kick RF forward, Step RF next to LF, Step LF next to RF
3 - 4 Step RF forward, Touch left toe crossed behind RF
5 & 6 Step LF back, Cross RF over LF, Step LF back
7 & 8 Cross RF behind LF doing ¼ turn to right, Step LF next to RF, ¼ turn to right doing step RF to right (6h)

[9-16] TOUCH, KICK, COASTER STEP, JAZZBOX with CROSS

1 - 2 Touch left toe next to RF, Kick LF forward
3 & 4 Step LF back, Step RF back next to LF, Step LF forward
5 - 6 Cross RF over LF, Step LF back
7 - 8 Step RF to right, Cross LF over RF

[17-24] ROCK STEP, SAILOR STEP, SAILOR STEP, TOE, TURN

1 - 2 Rock RF to right, Recover weight in LF
3 & 4 Cross RF behind LF, Step LF to left, Step RF to right
5 & 6 Cross LF behind RF, Step RF to right, Step LF to left
7 - 8 Touch right toe crossed behind LF, Turn full to right over the toes (6h)

[25-32] ROCK STEP, COASTER STEP, ROCK STEP, SHUFFLE with ½ TURN

1 - 2 Rock LF forward, Recover weight in RF
3 & 4 Step LF back, Step RF back next to LF, Step LF forward
5 - 6 Rock RF forward, Recover weight in LF
7 & 8 ¼ turn to right doing step RF to right, Step LF next to RF, ¼ turn to right doing step RF forward (12h)

[33-40] ROCK STEP, SHUFFLE with ½ TURN, STEP, ¼ TURN, CROSS SHUFFLE

1 - 2 Rock LF forward, Recover weight in RF
3 & 4 ¼ turn to left doing step LF to left, Step RF next to LF, ¼ turn to left doing step LF to left (6h)
5 - 6 Step RF forward, ¼ turn to left (3h)
7 & 8 Cross RF over LF, Step LF to left, Cross RF over LF

[41-48] ¼ TURN, SHUFFLE, STEP, 1/2 TURN with HOOK, SHUFFLE

1 - 2 ¼ turn to right doing step LF back, ½ turn to right doing step RF forward (12h)
3 & 4 Step LF forward, Step RF forward crossing behind LF, Step LF forward
5 - 6 Step RF forward, ½ turn to left finish with weight in RF and Hook LF forward (6h)
7 & 8 Step LF forward, Step RF forward crossing behind LF, Step LF forward

[49-52] ROCKING CHAIR

1 - 2 Rock RF forward, Recover weight in LF
3 - 4 Rock RF back, Recover weight in LF

REPEAT

