

Lah De Dah

拍數: 32 牆數: 4 級數: Improver
編舞者: Kevin Richards (USA) - June 2020
音樂: Down at the Lah De Dah - Jimmy Buffett



[1-8] R Heel Toe, R Shuffle, L Heel Toe, L Shuffle

1-2 Right Heel Extends Forward, Right Toe Touch Back
3&4 Right Shuffle Forward (R-L-R)
5-6 Left Heel Extends Forward, Left Toe Touch Back
7&8 Left Shuffle Forward (L-R-L)

[9-16] R Grind ¼ R, L Recover, R Coaster, L Rock, R Recover, L Coaster

1-2 Right Heel Grind While Making A ¼ Right, Left Recover (3 O'Clock)
3&4 Right Coaster Step (R-L-R)
5-6 Left Forward Rock, Right Recover
7&8 Left Coaster Step (L-R-L)

[17-24] R Cross, L Back, R Side, L Cross, R Back, L Side, R Forward, L Together

1-4 Right Cross Over Left, Left Step Back, Right Step Side, Left Cross Over Right
5-8 Right Step Back, Left Step Side, Right Stomp Forward, Left Stomp Together

[25-32] R Side, L Tap & Clap, Clap, L Side, R Tap & Clap, R Pivot To L Full Turn

1-2& Right Step Side, Left Tap Together and Clap, Clap
3-4 Left Step Side, Right Tap Together and Clap
5-6 Right Step Forward, Pivot ½ Left
7-8 Right Step Forward, Pivot ½ Left
