

Idiota (The Reverse Dance)

COPPERKNOB
CHOREOGRAPHY SHEETS

拍數: 32

牆數: 4

級數: Intermediate Cuban Motion (Cha Cha styling).



編舞者: Cato Larsen (NOR) - June 2020

音樂: IDIOTA - Sofia Reyes

Dance number: 146 (of Cato's Choreography)

Alt. Big In Japan – Alphaville.

Intro: Start the dance at vocals after 16 counts (10 seconds).

[1 – 9] Stomp, Cha Cha in place right & left, Side, Reverse Bota Fogo's.

- 1 Stomp left to left side (1). 12:00
- 2&3 Step right next to left (2), Step left next to right (&), Step right to right side (3).
- 4&5 Step left next to right (4), Step right next to left (&), Step left to left side (5).
- 6 Cross right behind left (6).
- &7 Step left to left side (&), Rock (recover) weight back again onto right (7).
- 8 Cross left behind right (8).
- &1 Step right to right side (&), Rock (recover) weight back again onto left (1).

[10 – 17] Reverse Paddle Full turn, Cross, ¼ Pivot turn, Back, ½ Pivot turn Stomp forward.

- 2& Cross right behind left (2), Turn ¼ turn right Recovering weight onto right (&). 3:00
- 3& Cross right behind left (2), Turn ¼ turn right Recovering weight onto right (&). 6:00
- 4& Cross right behind left (2), Turn ¼ turn right Recovering weight onto right (&). 9:00
- 5 Pivot ¼ turn right Stepping right to right side (5). 12:00
- 6&7 Cross left over right (6), Pivot ¼ turn left Stepping back on right (&), Step back on left (7). 9:00
- 8,1 Step back on right (8), Pivot ½ turn left Stomping forward on left (1). 3:00

[18 – 25] Cha Cha in place right & left with back Steps, Back Rock Step, Recover & Hitch, Weave & Hitch.

- 2&3 Step right next to left (2), Step left next to right (&), Step back on right (3).
- 4&5 Step left next to right (4), Step right next to left (&), Step back on left (5).
- 6,7 Step back on right (6), Rock (recover) weight forward again onto left and Hitch & Ronde right knee up (7).
- 8& Cross right over left (8), Step left to left side (&).
- 1 Cross right behind left & Hitch & Ronde left knee up (1).

[26 – 32] Fallaway, Side Rock & Cross.

- 2& Cross left behind right (2), Step right to right side (&).
- 3 Cross left diagonally in front of right (3). 4:30
- 4& Step forward on right (4), Pivot 1/8 turn right Stepping left to left side (&). 6:00
- 5 Cross right diagonally in cross behind left (5). 7:30
- 6& Step back on left (6), Pivot 1/8 turn right Stepping right to right side (&). 9:00
- 7 Cross left in front of right (7).
- &8 Step right to right side (&), Rock (recover) weight back again onto left (8).
- & Cross right over left (&).

www.catolarsen.com - www.western-entertainment.no

email: cl@western-entertainment.no