

# Mama He's Crazy

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Wiesye Baraoh (INA) - June 2020  
音樂: Mama He's Crazy - Aine Crehan



**NOTED: 32, 32, TAG, 28, 32, 16, 32, 32, TAG, 28, 32, ending**

**Session 1 : FORWARD, RECOVER, ½ Turn Right- LOCK STEP FORWARD, FORWARD, RECOVER, ¼ Turn Left - CHASSE**

1 2 3 & 4      Step R Forward, Recover on L, ½ Turn Right – Step R Forward, Step lock L behind R, Step R Forward

5 6 7 & 8      Step L Forward, Recover on R, ¼ turn Left – Step L to L side, Step R close together L, Step L to L side

**Session 2 : CROSS, RECOVER, SIDE, CROSS, ¼ Turn Left- BACK, SIDE, SWAY, SWAY**

1 2 3 4      Cross R over L, Recover on L, Step R side to R, Cross L over R

5 6 7 8      ¼ turn Left- Step Back on R, Step L to L side, Sway R, Sway L

**\*\*\* RESTART on wall 5 \*\*\***

**Session 3: CROSS, ¼ turn Right-BACK, ¼ turn Right-SIDE, CROSS, RECOVER, SIDE, SWAY, SWAY**

1 2 3 4      Step R cross over L, ¼ turn Right- Step back on L, ¼ turn – Step R to R side, Cross L over R

5 6 7 8      Recover on R, Step L to L side, Sway R, Sway L

**Session 4: FORWARD, TOUCH, FORWARD, TOUCH, BACK, ½ Turn Left-FORWARD, FORWARD, ¼ Turn Left- RECOVER**

1 2 3 4      Step R Forward, Touch L to L side, Step L Forward, Touch R to R side

**\*\*\*\*\* on wall 3 and wall 8 \*\*\*\*\***

5 6 7 8      Step back on R, ½ turn left- Step L forward, Step R Forward, ¼ turn Left-Recover on L

**TAG (After wall 2 & 7) : ROCKING CHAIR**

1 2 3 4      Step R forward, Recover on L, Step back on R, Recover on L

**Have fun and Enjoy**

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